The always popular Cool Cruise Classic Car Show kicks off the spring in Old Town La Verne with classic cars and classic rock music filling the streets. This is always the biggest event every year in Old Town. Car enthusiasts and young and old alike always have a great time at this event. Local live classic rock music is also a regular part of the Cool Cruise. You don’t want to miss it! For more information and registration please check out the website at www.CoolCruiseCarShow.com or contact Craig Hoelzel at (714) 671-5833 or La Verne City Hall at (909) 596-8706.

ALL AGES FREE ADMISSION

THE LA VERNE ROTARY CLUB & THE LA VERNE COMMUNITY SERVICES DEPARTMENT CO-SPONSOR

SATURDAY, APRIL 11
10:00 A.M. SHARP • AGES 1 TO 12 YEARS

LAS FLORES PARK  EMERALD PARK
3175 BOLLING AVENUE  1900 GENESEE CORNER OF GENESEE & CHELSEA

FREE PARTICIPANTS MAY GATHER EGGS, CANDY, AND PRIZES. BRING YOUR OWN BASKET TO COLLECT THE EGGS.
Heart of the Foothills event temporarily closes streets to car traffic and opens them to the community as a recreational space. Free for all, Heart of the Foothills connects communities to each other, while creating a safe place to bike, walk, skate, and roll through Los Angeles County.

The event will span approximately 4 miles, beginning in San Dimas and traveling through La Verne until reaching Pomona’s Palomares Park. There will be hubs located in every city along the route. The La Verne Hub will be located in Old Town La Verne where participants will be able to discover and enjoy the charm of downtown.

FOR MORE INFORMATION, PLEASE CALL THE
LA VERNE COMMUNITY SERVICES DEPARTMENT AT (909) 596-8700.
# CITY NUMBERS

<table>
<thead>
<tr>
<th>Service</th>
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<tr>
<td>ADMINISTRATION</td>
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<tr>
<td>(City Council, elections, city records, mobile home rent control)</td>
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<tr>
<td>BONITA UNIFIED SCHOOL DISTRICT</td>
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<tr>
<td>BUILDING (Permits)</td>
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<td>(Economic Development, zoning)</td>
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<td>FLOOD CONTROL (Los Angeles County)</td>
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<td>GRAFFITI HOTLINE</td>
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<td>HUMANE SOCIETY (Animal Control)</td>
<td>623-9777</td>
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<td>POMONA VALLEY TRANSPORTATION AUTHORITY (PVTA)</td>
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<tr>
<td>WASTE MANAGEMENT (Trash / Waste Disposal)</td>
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**INCLUSION POLICY**

The City of La Verne is committed to providing programs and services accessible to individuals with disabilities. Requests for special accommodations will be considered on a case-by-case basis.

Please contact the Community Services Office at (909) 596-8700 seven working days prior to the program start date.
STORMWATER
Stormwater is the rain water that passes over city streets, roofs, and driveways picking up pollutants contained in litter, fertilizer, tires, and many other everyday objects. La Verne's storm water flows to gutters and catch basins, eventually making its way to water bodies like Puddingstone and/or the Pacific Ocean. The stormwater then pollutes the surface water, making it less suitable for wildlife, fishing and recreation. As one of the largest developed areas in the United States, Los Angeles County cities are being held to a very high standard when it comes to surface water pollution. The passage of Los Angeles Regional Water Quality Control Board Order No. R4-2012-0175 means that preventing pollutants from entering into our water bodies is a responsibility required of LA County cities, like La Verne.

Who's responsibility is it to keep stormwater pollution at a minimum? ALL OF US! How? By following these tips, everyone can help improve water quality within our communities.

• Place pet waste, cigarette butts and other trash in the appropriate receptacles to keep it from entering the ocean.
• Walk, bike, skateboard or utilize other human powered modes of transportation for nearby trips. This will help reduce the amount of gas, oil, metals and other chemicals coming off motor vehicles and onto the road.
• Reduce fertilizer and pesticide use, especially within 48 hours of rainfall.
• When washing your car at home, don’t wash the soapy or dirty water down the driveway and into the gutter.

SB 1383
Did you know that 1 in every 8 Californians is food insecure? Yet, at the same time California throws away over 5.5 million tons of food annually? California lawmakers are addressing these issues with an aggressive law, SB 1383. Some of the highlights of SB 1383, also known as the Short-Lived Climate Pollutants (SLCP): Organic Waste Reductions include:

• 50% reduction (of 2014 tonnage) in landfilled organic waste by 2020
• Households & businesses need to have organic collection services
• 75% reduction (of 2014 tonnage) in landfilled organic waste by 2025
• 20% increase in recovery of currently disposed edible food by 2025, for human consumption
• Extensive contamination prevention procedures
• Enhanced education and outreach on organic waste
• Increase in organics processing facilities & food recovery operations
• Required purchasing of recycled products by government agencies
• Local government agency requirements to develop protocol to enforce state law across their jurisdictions
• Mandated fines for non-compliant members of the community

Be on the lookout for more educational pieces on this in the future.

CHRISTMAS TREE RECYCLING
On December 30 and January 6 & 13, Waste Management will be picking up Christmas trees that have been placed curbside for recycling. If your tree is six feet or more, please cut it in half and avoid flocked trees if possible, as they cannot be recycled.

U.S. PASSPORT AT LA VERNE CITY HALL
U.S. Passports Services are available at the Community Services Department, 3660 “D” Street, La Verne, CA 91750. Please call (909) 596-8700 for more information.
La Verne Veterans Memorial

The La Verne Veterans Memorial was created as a venue of respect, honor, and esteem for those fellow citizens of our community who have served and will serve in our nation’s armed forces. This is a place where veterans can connect with one another and where their families and friends can pay tribute. The Veterans Memorial provides a tangible testament to the service and sacrifices made by veterans from the La Verne community.

The memorial is located on the corner of Magnolia Street and Bonita Avenue in front of Veterans Hall. It features an obelisk with the names of the men and women from La Verne who gave the ultimate sacrifice for our freedom. It also features flags representing each branch of the military. Please join in paying tribute to the valor and contributions of all who have served our country.

PURCHASE A BRICK
Bricks will be prominently placed throughout the plaza of the memorial. Bricks can be purchased to honor veterans for serving our country, whether from La Verne or not.

Name
Phone
Address
Signature
Date

INDIVIDUAL SPONSOR
4-inch x 8-inch • $150
4 lines, 21 characters per line
(include spaces/punctuation)

BUSINESS SPONSOR
8-inch x 12-inch • $300
6 lines, 21 characters per line
(include spaces/punctuation)

FAMILY SPONSOR
12-inch x 12-inch • $400
8 lines, 21 characters per line
(include spaces/punctuation)

Please make check payable to “City of La Verne”

La Verne

FUNDING MEASURE
The La Verne City Council will be asking La Verne voters to consider a 0.75% sales tax during the March 2020 election. The new tax is initially expected to generate $3.1 million. If passed, all revenue will be directed to services in La Verne. This revenue will be used to support existing services, and provide an additional amount of new services that are needed to maintain the quality of life the City is known for. The City Council unanimously supports this measure and believes it is vitally important for the community’s future. They are encouraging La Verne voters to educate themselves on the proposed tax and the reason it is needed. Further information regarding the proposed sales tax is available on the City’s website, which includes a fact sheet, frequently asked questions and other pertinent information.

Please visit CityofLaVerne.org/LVFundingMeasure

La Verne Youth and Family Action Committee

SERVING LA VERNE FOR OVER 30 YEARS!
La Verne Youth and Family Action Committee

Everyone is welcome to attend the Youth and Family Action Committee meetings on the 4th Tuesday of each month @ 6:30 p.m. Get involved. Please visit the YouTube channel below to view information on YFAC and issues impacting our community’s youth. and help spread the message.

www.cityoflaveme.org/youtube
**SPECIAL EVENTS**

**PICK YOUR OWN ORANGES**

AT HERITAGE PARK

**January - March**

**Saturdays • 9:00 a.m. - 3:00 p.m.**

Enjoy a “Slice of La Verne’s Past” while picking some of the best tasting oranges around. The Heritage Foundation offers you one of the last working orange groves in the area as a place to enjoy with your family. Bags of oranges are $6, and mesh bags and the picking poles are supplied. The historic Weber house will also be open for tours from 10:00 a.m. - 12:00 p.m. Orange picking opens Saturdays beginning January 11, 2020, and continuing approximately until the beginning of March. For more information call (909) 293-9005 or check out our web site at www.laverneheritage.org.

**SPRING SQUEEZE**

**March 10-20**

**9:00 a.m. - 12:00 p.m.**

The La Verne Heritage Foundation is presenting its 15th Annual “Spring Orange Squeeze” at Heritage Park. We are reserving the morning hours on weekdays for preschool and elementary school children to come and experience a little bit of what life was like during the orange picking season in the late 1800’s.

Our “Spring Squeeze” field trip at the Weber Ranch will feature a tour in the historic Weber house, a tractor ride through the orange grove, a demonstration of how the oranges were picked, the purpose of a smudge pot and the importance of a windmill. The children will also be able to squeeze an orange and taste the fresh juice, using the orange rind for planting a small flower to take home! If your group is interested in a tour please call (909) 293-9005 or check out our web site at www.laverneheritage.org.

**SIDEWALK COLORING CONTEST!**

**Wednesday, March 25 • 9:30 a.m.**

**Ages 1-12 • Admission is FREE**

Children 1 to 12 years can display their creative talents in the Sidewalk Coloring Contest! Children will be drawing with chalk on their own sidewalk square. Prizes will be awarded to various age groups. Chalk is provided for all participants.

**PRE-REGISTER:**

March 2 to March 24 at the Community Services Office or by calling (909) 596-8700.

**LATE REGISTRATION:** Wednesday, March 25 from 9:00 to 9:25 a.m. at Mainero Square (corner of Third and D Street). **AWARDS will be given at 10:00 a.m. - Mainero Square.**

**WINE WALK**

**Saturday, May 2**

**5:00 - 8:30 p.m.**

**Adults over 21 years of age**

**ADMISSION**

$45 tickets at www.oldtownwinewalk.com

($55 after April 24th and on day of event, but only if tickets remain available. $25 for designated drivers (food only))

Old Town La Verne; D and Third Streets, just south of Bonita Avenue.

“**A Sip of La Verne,” Old Town La Verne’s 8th Annual Wine Walk. Merchants throughout Old Town offer wine tastings and local restaurant food offerings in beautiful Old Town La Verne, at Bonita Avenue and D Street. Live music throughout is part of the festivities. This event sells out early every year, so get your tickets early when they go on sale in March. For information please contact City of La Verne at (909) 596-8706.**
**COMMUNITY EMERGENCY RESPONSE TEAM**

The City of La Verne is establishing a Community Emergency Response Team (CERT) to assist our Fire and Police Departments in response to local emergency situations. The CERT program helps train people to be better prepared to respond to emergency situations in their communities. When emergencies happen, CERT members can give critical support to first responders, provide immediate assistance to victims, and organize spontaneous volunteers at a disaster site. CERT members can also help with non-emergency projects that help improve the safety of the community.

The CERT course is taught in the community by a trained team of first responders who have completed a CERT Train-the-Trainer course conducted by their state training office for emergency management, or FEMA’s Emergency Management Institute (EMI). CERT training includes disaster preparedness, disaster fire suppression, basic disaster medical operations and light search and rescue operations.

For more information or to sign up, contact us at laverne-cert@gmail.com or visit our website at laverne-cert.org

**TRANSPORTATION**

The Community Services Department Office offers transportation services to serve our residents’ needs. Office hours are Monday through Thursday from 8:00 a.m. to 6:00 p.m. For further information, please call (909) 596-8700.

**SUBSIDIZED PROGRAMS**

To purchase these passes, residents must provide proof of La Verne residency in the form of a current utility bill AND proof of current employment from an agency located along the westward bus/train route. Quantities are limited and tickets will be sold on a first-come, first-served basis.

- **FOOTHILL TRANSIT SUBSIDY** – Commuter Express bus line on TAP card. Monthly Foothill Transit passes may be purchased from the 25th of each month through the 10th day of the following month.

- **SENIOR BUS PASS PROGRAM** – The City offers a Senior Bus Pass Program for La Verne residents. Seniors, ages 62 or older, may purchase a Foothill Transit senior bus pass for a subsidized fee. Seniors need to provide proof of age as well as proof of La Verne residency in the form of a current utility bill.

- **METROLINK SUBSIDY** – Monthly passes are available from the Pomona Station to destinations along the westward route. Monthly Metrolink passes may be purchased starting the 20th of each month for the following month. Once registered for the Metrolink Subsidy program with Community Services, monthly passes may also be purchased online.

**METRO ACCESS**

Metro Access is a curb-to-curb transportation service designed for people with disabilities who are unable to use traditional bus and train service such as the MTA or Foothill Transit services. To apply, ask about current rates, or for more information, call Metro Access (800) 827-0829 or (800) 827-1359 for hearing impaired.

**EDUCATIONAL EXCursions**

Educational excursions provided by the City of La Verne and the Bonita Unified School District are open to the public. Fliers regarding specific excursions will be available in the Community Services Department. For further information call (909) 971-8330, extension 5301.

**GET ABOUT TRANSPORTATION**

Transportation for senior citizens and persons with disabilities servicing La Verne, San Dimas, Claremont, and Pomona. The Community Services Department has subsidized Get About booklets for $5 for La Verne residents. Bring a current utility bill (for proof of residency), proof of age or disability, and your Get About membership. To register for the program call (909) 596-7664 and press “0” to register.
YFAC
YOUTH & FAMILY ACTION COMMITTEE PROGRAMS

The City of La Verne Youth and Family Action Committee (YFAC) is a formal committee of the City, comprised of representatives from private agencies, non-profit organizations, La Verne Police Department, Bonita Unified School District, City staff, and many interested citizens. With the committee’s focal point on addressing challenges that confront our youth before growing into greater concerns, we are constantly made aware of new trends negatively affecting the community.

YFAC has recently launched a new effort of outreach involving video messaging through social media platforms. The first video is a short introduction to YFAC and has been followed by videos informing the community on issues facing our youth. For more information, please contact JR Ranells at (909) 596-8726.

www.cityoflaverne.org/youtube

TRI-CITY MENTAL HEALTH CENTER
Located at 2008 N. Garey Avenue, Pomona, this public agency provides counseling and treatment services to residents of La Verne and neighboring communities. Counseling is available at Bonita High School, Ramona Middle School, Chaparral Continuation High School and all four elementary schools through licensed professionals. For information, call (909) 623-6131.

YOUTH SPORTS AND ACTIVITIES
One of the keys to preventing destructive behaviors among young people is to keep them involved and busy in community and/or school activities. For information, call the Community Services Department at (909) 596-8700.

LA VERNE POLICE DEPARTMENT
A variety of prevention and intervention services for troubled youth are available. Call (909) 596-1913.

MENTOR PROGRAM
Middle School students are matched with volunteer college student mentors from the University of La Verne who serve as tutors, special friends and role models. Contact Ramona Middle School at (909) 394-3181.

PIVCC
(Pomona Inland Valley Council of Churches)

HUNGER PROGRAM
The Pomona Inland Valley Council of Churches serves the twelve cities of the Pomona Valley. PIVCC is comprised of member churches working together with local businesses and volunteers to meet the needs of those less fortunate in our area. PIVCC operates three hunger sites (San Dimas, Pomona, and Ontario), which include a homeless shelter and a transitional housing program. For more information, please call (909) 622-3806. PIVCC assists all people regardless of race, ethnicity, or religious affiliation.

CAT SPAY & NEUTER FUND
The Inland Valley Humane Society (IVHS) has a Cat Spay and Neuter Fund for the City of La Verne seniors. The fund assists senior cat owners in spaying and neutering their cats. Residents of La Verne may apply for a Cat Spay and Neuter Fund voucher by showing proof of residency (current utility bill), a Medicare or Medi-Cal card and a photo ID at the Inland Valley Humane Society. A co-pay of $5 dollars for a male cat and $10 for a female cat will be due at the time of application. For additional information, call Sheila at (909) 623-9777.
LA VERNE YOUTH SPORTS COMMITTEE
The La Verne Youth Sports Committee meets the first Wednesday of January, March, May, July, September, and November at 6:00 p.m. in La Verne City Hall, 3660 “D” Street. The public is welcome to attend all meetings.

LA VERNE COMMUNITY TELEVISION
The City contracts with the University of La Verne's Communication Department to run out public access television station LVTV, which is funded by the Public Education Government (PEG). Programming includes school board meetings, college sports, and school concerts. For more information, please call (909) 448-4758 or visit www.lvtv3.org.

FAIR HOUSING FOUNDATION
Are you being “steered”? Being shown neighborhoods where most people are of the same race, color, or national origin as you is called racial steering...and that’s against the law. You have the right to live in any neighborhood you choose. If you suspect unfair housing practices, contact HUD or your local Fair Housing Center, a non-profit organization contracted by the City of La Verne to provide free services to residents Monday through Friday 8:00 a.m. to 5:00 p.m. at (310) 901-0808 or (800) 446-FAIR.

TRI-CITY MENTAL HEALTH SERVICES
Tri-City Mental Health is the public mental health authority and primary provider of outpatient services for the residents of La Verne, Claremont and Pomona. The agency provides an array of high quality, culturally relevant, and recovery-focused mental health treatment services and programming for individuals experiencing mental health symptoms and their families.

Available services within its system of care include but are not limited to: prevention and early intervention services, psychotherapy, crisis support, vocational training, peer support, linkage and referral, and community training.

For more information, please call (909) 623-6131 or toll free at (866) 623-9500.

COMMUNITY NAVIGATOR
Community Navigators are bilingual resource specialists that provide linkage and referrals to local resources. A Tri-City Community Navigator is located at the Community Center for assistance in-person.

To contact a Community Navigator for resources, please call (866) 623-9500.

SIXTH LOCAL AUTHORS’ EVENT
The La Verne Writers’ Group (LVWG) will be holding its Local Authors’ Event, which will include book reading and book signing by local authors, on Saturday, March 14, 2020, from 11:00 a.m. to 2:00 p.m. This free event will be held at the La Verne Veterans’ Hall, 1550 Bonita Avenue.

The LVWG’s Anthology will also be available for a nominal price of $3 each. All proceeds help sponsor our free event.

For further information you may contact us at LVWG2015@gmail.com. You may also view a copy of the day’s events by visiting the City of La Verne’s website at www.cityoflawerne.org and clicking on the recreation guide icon on the left side of the page or by visiting our website at lvwritersgroup.com.
INFORMATION

MAIL-IN AND ONLINE REGISTRATION:
Begins 8:00 a.m., Monday, December 9, 2019

WALK-IN REGISTRATION:
Begins 8:00 a.m., Monday, December 16, 2019

**If a minimum number of 25 participants are not reached, the trip will be cancelled**

1. It is recommended that individual checks be sent for each activity. If confirmation is desired, please send a self-addressed, stamped envelope.

2. Proof of age may be required. Participants 17 and under MUST be accompanied by an adult.

3. All trips leave from and return to the Community Center, 3680 “D” Street, and will go rain or shine. Participants must park on Durward Way.

4. Special services (i.e. wheelchairs) MUST be requested by ADA deadline 30-days before any trip.

5. Buses have lower compartments for wheelchairs/scooters, but participants must be able to get from the sidewalk into the bus up 2 stairs.

6. Please note levels of trips:
   - EASY: Little walking
   - MODERATE: Some walking necessary. Participants should be in good health.
   - ACTIVE: Good physical condition is necessary - lots of walking.

7. There is a $10 cancellation fee for each trip and there are no refunds after the listed reservation date.

8. Participants must be able to travel independently at all times.

WHEEL OF FORTUNE (MODERATE • 18+)
Take a seat in the studio audience to cheer on the contestants during a taping of Wheel of Fortune starring Pat Sajak and Vanna White. You’ll spend the afternoon at one of the Southern California’s most famous studios, Sony Pictures. The studio has delivered classic films such as The Wizard of Oz, Spiderman, Skyfall, The Da Vinci Code, long running TV game shows Wheel of Fortune and Jeopardy. After the taping you’ll enjoy lunch on your own at Eataly in Century City. Eataly is a vibrant Italian market with restaurants, take-away counters, and a cooking school. The unique setting invites guests to "eat, shop, and learn" about high quality food and drinks.

RESERVATIONS/CANCELLATIONS BY: Jan 9

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A DAY IN DOWNTOWN PALM SPRINGS (MODERATE • ALL AGES)
Love Palm Springs but hate the drive? Let us do that for you. Join us for a day, all on your own, in the beautiful downtown area of Palm Springs. There are hundreds of fun stores, hotels, and yummy restaurants for you to enjoy and explore! You’ll be dropped off near the “Walk of Stars” honoring various people who have lived in the greater Palm Springs area. Make sure to check out visitpalmsprings.com to get an idea of what you’d like to do for the day.

RESERVATIONS/CANCELLATIONS BY: Feb 3

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COLORFUL SONGS OF BROADWAY “THE LUCK O’ THE IRISH” SHOW & LUNCHEON (EASY • 50+)
What a fun way to spend St. Patrick’s Day! Join us for an Irish Musical Revue with songs, comedy, costumes, dialogue and dancing to get you in the Irish spirit. Luncheon includes choice of Corned Beef & Cabbage, Roast Chicken, or Veggie Pasta all served with Coffee/Tea, Wine, Boiled Potatoes, Garden Salad, Warm Rolls, Vegetables, and ends with an Irish Ice Cream Sundae. There is also shopping and a raffle available at the show. Show is at Almanson’s Court in Alhambra.

RESERVATIONS/CANCELLATIONS BY: Feb 27

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<td>151203.01</td>
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<td>Mar 17</td>
<td>10:15 a.m.</td>
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NATURAL HISTORY MUSEUM & GRAND CENTRAL MARKET (MODERATE - ALL AGES)
Explore L.A. and the world at NHM dinosaurs, gems and minerals, gardens, Latin American treasures, and beloved dioramas to name a few. Discoveries are made here every day by scientists, historians, and you! At 2:00 p.m. make sure to stop by the Butterfly Pavilion! This springtime exhibition features hundreds of butterflies, colorful native plants, and plenty of natural light to help you see these creatures shimmer. Lastly, we’ll stop at the Grand Central Market in Los Angeles for some food! With over 20 vendors that bring together the cuisines and cultures of LA, there's something for everyone.
RESERVATIONS/CANCELLATIONS BY: March 16
Code Day Dates Depart Return Fee
151204.01 Tues Mar 31 10:15 a.m. 6:00 p.m. $40

THE GROVE/FARMER’S MARKET & GRIFFITH OBSERVATORY (MODERATE - ALL AGES)
Back by popular demand! We will start out at the Grove/Farmer’s Market for shopping and dinner on your own, where there is so much to see and most importantly eat. Then it’s off to the Griffith Observatory. Planetarium tickets are available day of at the Observatory for $5/seniors and $7/adults – it’s a must see!
RESERVATIONS/CANCELLATIONS BY: April 2
Code Day Dates Depart Return Fee
151205.01 Fri Apr 17 1:00 p.m. 10:00 p.m. $30

ALPACAS & OLD TOWN TEMECULA (ACTIVE - 18+)
At the Alpaca Hacienda, learn all about these amazing animals and their colorful history. You’ll have a chance to hand feed the alpacas and take part in making a craft from alpaca fur to take home with you. Next stop is the Temecula Valley Museum which contains exhibits that represent life in the Temecula Valley through time and different cultures that influenced the development of the area. You’ll also have free time in Old Town Temecula to grab a bite and explore specialty stores, exclusive boutiques, art galleries, and a myriad of antique stores.
RESERVATIONS/CANCELLATIONS BY: March 30
Code Day Dates Depart Return Fee
151206.01 Thu Apr 23 8:15 a.m. 6:15 p.m. $58

A DAY AT CATALINA ISLAND (ACTIVE - ALL AGES)
Our most popular trip! We will drive to Long Beach where you will board the Catalina Express for a short one-hour cruise to the island. These vessels offer indoor and outdoor seating (bring your Dramamine if you need it), restroom facilities and a snack bar. Once on the island, the day is yours to explore, have lunch and shop all on your own. There is so much to do! Then we will head back on the Catalina Express.
RESERVATIONS/CANCELLATIONS BY: April 16
Code Day Dates Depart Return Fee
151207.01 Sat May 16 7:45 a.m. 6:30 p.m. $50

JULIAN APPLE HARVEST & LUNCH AT RONGBRANCH RESTAURANT (MODERATE - 18+)
Take a trip to Julian: The Apple Capital of San Diego County! The afternoon is free to wander about the small streets of this quaint turn-of-the-century mining town. You’ll discover charming handicraft shops, boutiques, country inns, and the Julian Pioneer Museum. Make sure to head over to the Julian Pie Company to pick up one of the best homemade pies you’ll ever eat! Next, a special stop will be made to Dudley’s Bakery for those who wish to purchase some of their wonderful fresh baked breads. Also, save room for lunch at the Rongbranch Restaurant! You’ll have a choice of Chicken Pot Pie, Baked Chicken with Mashed Potatoes, Salisbury Steak with Mashed Potatoes, or a Garden Burger with Fries. All entrees include salad and a slice of fresh baked Julian Apple Pie.
RESERVATIONS/CANCELLATIONS BY: April 30
Code Day Dates Depart Return Fee
151208.01 Thur May 28 8:15 a.m. 6:15 p.m. $85

CASA ROMANTICA & SAN CLEMENTE PIER (MODERATE - ALL AGES)
Casa Romantica Cultural Center and Gardens in San Clemente, CA is south Orange County’s major cultural institution. We are enhanced by our location in a 1927 Spanish Colonial Revival registered historic landmark. Be there for the first day of the “If You Were the Sea” exhibit. It is an immersive coastal themed art installation created by Olga Lah. Lastly, spend some free time at the San Clemente Pier. Try dining at the various restaurants, taking a stroll on the pier or the beach trail. The afternoon is yours to explore!
RESERVATIONS/CANCELLATIONS BY: May 28
Code Day Dates Depart Return Fee
151209.01 Sat June 13 8:30 a.m. 4:30 p.m. $35

PALA CASINO (EASY - 21+)
Welcome to Pala Casino Spa and Resort, a warm, sophisticated getaway crafted around you. Nestled into the heart of California’s Palomar Mountains, Pala invites you to enjoy the tranquility of our natural surroundings, as well as the excitement of non-stop casino action, top entertainment, and a variety of dining options! Everyone on the bus receives $5 added play and new players should take advantage of any new player promotions. Enjoy the all of the senior deals on Tuesdays through Pala’s “60 Plus Club”. From free entertainment with shows that begin at 1:00 p.m., to extra money for added play, you’ll be sure to have a blast!
RESERVATIONS/CANCELLATIONS BY: June 16
Code Day Dates Depart Return Fee
151210.01 Tues June 30 9:00 a.m. 6:00 p.m. $30
SENIOR CITIZENS’ ADVISORY COMMITTEE
The La Verne City Council established a Senior Advisory Committee in October 1989. This committee has been responsible for all of the senior activities, lunch program, Dinner Dances, etc. If you would like to share your thoughts, ideas, or concerns, please plan to attend these public meetings held on the 3rd Wednesday of each month at 10:00 a.m. at the La Verne Community Center. Your input is welcomed.

SENIOR CITIZENS TAX ASSISTANCE
Tuesdays beginning on February 4 – April 14.
Volunteers provide FREE assistance to seniors with low - moderate income by assisting with filing out SIMPLE tax returns. When attending your appointment, you should bring: a copy of last year’s tax forms, any forms showing income, pensions, or Social Security paid to you, forms 199 showing interest or dividends that your investments have earned, receipts or cancelled checks for income or property taxes you have paid, or any contributions you have made to charities. Appointments will be taken beginning Monday, January 6 by calling (909) 596-8776.

GAS PUMPING PROGRAM FOR SENIORS
The program is for those needing assistance with gas pumping, window washing, etc. If interested, please visit the La Verne Community Center, 3680 “D” Street, Monday through Thursday between 8:00 a.m. and 5:00 p.m. and pick up a free red placard that identifies you as in need of gas station assistance. Can be used at the participating gas stations:
- La Verne Shell, 2510 Foothill Boulevard (after 11:00 a.m.)
- La Verne Shell, Arrow Highway and “D” Street
- J.R. Shell Service, 1808 White Avenue
- Vons Gas, 1600 Foothill Blvd.

SENIOR HELP LINE (AGING NEXT)
The Senior Help Line, (909) 625-4600, is an information and referral help line you can call to have your questions answered by trained, knowledgeable people who want to help you.

CARE COORDINATION (Hospital Senior Care Network)
Care coordinators assess seniors’ needs and match them to the proper resources and services available. Call (626) 397-3110 for further information.
GET ABOUT TRANSPORTATION
Transportation for senior citizens and persons with disabilities servicing La Verne, San Dimas, Claremont, and Pomona. The Community Services Department has subsidized Get About booklets for $5 for La Verne residents. Bring a current utility bill (for proof of residency), proof of age or disability, and your Get About membership. To register for the program call (909) 596-7664 and press "0" to call register.
REGISTER AT:
2120 Foothill Blvd., Suite 116 La Verne, CA 91750
RIDES AVAILABLE:
Weekdays  6:00 a.m. - 7:30 p.m.
Saturdays  8:00 a.m. - 5:00 p.m.
Sundays  8:00 a.m. - 5:00 p.m.
TO SCHEDULE A RIDE:
Dispatch - (909) 596-5964 (To make trip arrangements)

HILLCREST BUS
Transportation services for all La Verne senior residents. The wheelchair accessible van’s main pick-up and drop-off will be in front of the flagpole located on the northwest corner of 7th Street and Mountain View Drive. Seniors must be capable of traveling independently. There is no service Saturday or Sunday and the cost is $2.00 roundtrip. To schedule a ride, contact Hillcrest Services at (909) 392-4325.

FREE LEGAL CONSULTATION
Howard Hawkins, Attorney-at-Law, will be available to answer questions on an appointment basis from 10 a.m. to 12 p.m. on the 4th Friday of every month. Appointments generally last around 20 minutes and can be scheduled with the Community Center at (909) 596-8776. Appointments generally fill up very fast, so please make sure to call early. Appointments are subject to change.

HISTORY ALLERGY
& MEDICATIONS PROGRAM
The La Verne Fire Department is offering a History Allergy and Medications (HAM) Program to seniors 55 and older and disabled residents in La Verne. The program allows for all pertinent medical information to be placed on a 2” x 3 ½” wallet size plastic card that registrants carry on their person. Please contact the La Verne Fire Department Monday - Thursday, 7 a.m. - 6 p.m. at (909) 596-5991 for more information or visit their website at www.laverenefire.org.

SENIOR GROUPS
Senior Pinochle  Monday  9:00 a.m. - 3:00 p.m.
Duplicate Bridge  Wednesday  12:15 p.m. - 4:00 p.m.
Line Dancing  Monday & Tuesday  10:00 a.m. - 12:00 p.m.
Mahjong  Tuesday  9:00 a.m. - 12:00 p.m.

WELLNESS SERVICES
Blood Pressure Checks
Need to know how low or high your blood pressure is? Come to the La Verne Community Center on the 3rd Thursday of every month from 9:30 a.m.-11:30 a.m. For more information, please call (909) 596-8776. Sponsored by: Regal Medical.

SENIOR SEMINAR SERIES
Every 2nd Friday and 4th Wednesday of the month, at the La Verne Community Center. Come and learn about a new topic to expand your knowledge and become a smarter senior! All classes are FREE to attend, are open to anyone, and typically last about 30 - 60 minutes. To find out times and RSVP for one or several seminars, please call (909) 596-8776.
January 10th  Estate Planning by Gaudy Law
January 22nd  Living Life to the fullest by Emanate Health
February 14th  Mindful & Meditation by Ron Serven
February 26th  Caregiving: How to prepare and what to expect by Visiting Angels
March 13th  Seniors Helping Seniors by YANA
March 25th  Elder Law by Gaudy Law
April 10th  Maintaining healthy lungs as we age by American Lung Association
April 22nd  Hospice myths and misconceptions by Emanate Health
May 8th  Retire Better by American Advisor Group
May 27th  A Better Aging Experience Begins with Us by Community Senior Services
June 12th  Emergency Preparedness by CERT
June 24th  Advance Planning by Forest Lawn
COMMUNITY CONNECTIONS

VOLUNTEER DRIVER PROGRAM
Community Connections is an innovative volunteer driver program that provides assisted transportation to seniors and individuals with disabilities. The program provides mileage reimbursement for volunteer drivers to transport individuals who are too frail, ill, or unable to use public transportation. Call (909) 621-9900 for more information or to sign-up today!

SENIOR COMPANIONS
This National Service volunteer opportunity is for adults who are 55+ and living on a limited income. Volunteers serve locally for 16 hours or more, weekly, as a friendly visitors (non-medical) to homebound older adults, or provide respite to caregivers. No experience is necessary, just a passion to help others. Make friends, learning something new and receive a modest non-taxable stipend for your service. To learn more call Aging Next at (909) 621-9900.

RSVP RETIRED SENIOR VOLUNTEER PROGRAM
RSVP provides many volunteer service opportunities for people 55 years of age and over. RSVP can put you in touch with non-profit, private or public agencies in the community who must rely on volunteers to achieve their goals. For more information please call (909) 621-9900.

LA VERNE COMMUNITY CENTER
For more volunteer opportunities in the Community, such as our Nutrition Program and Special Events, please call the Community Center at (909) 596-8776.

ACTIVITIES

SENIOR STRUTTERS
If you like to talk and make new friends, come join us Monday, Wednesday, and Friday at 7:00 a.m. SHARP. Call Anna Grubb at (909) 593-7609 for more information.

BINGO
La Verne Bingo is better than ever! Bingo is held every Friday from 12:30 p.m. to 3:00 p.m. at the Community Center. It’s $5 for the first pack and $3 for each additional pack. Payouts are as follows: each regular game is $50 depending on attendance, one odd and even game is $75, one 3 face Bingo is $75, 2 blackouts are $75 each and the pull tabs are $75. There are two $10 intermission prizes. On the last Friday of the month we will have four $10 prizes. A total of 10 regular games will be played plus the specials. We have added a power ball to the regular games. If you win on the power ball your payout is increased by the amount at that time. Bring your daubers, as we don’t play hard cards. Any person 18 years of age or older is welcome to play. Reservations are not required for Bingo.

GOLF LEAGUE OF LA VERNE
The league is for men and women, 50+ years of age and plays the second and fourth Tuesday of the month at Marshall Canyon Golf Course. For additional information please call Ed Linburg at (909) 392-6688 or George Borst at (909) 596-3982.

DINNER DANCE EXTRAVAGANZA
YEE-HAW!!! Join us for a Western Themed evening featuring a live ballroom band, dinner, dancing, wine and so much more! Tickets are just $12! Pre-paid reservations must be made in order to attend. Registration begins February 3, 2020. To choose your assigned table, you must register at the Community Services Office, 3660 “D” Street, between the hours of 8 a.m. and 6 p.m., Monday through Thursday. For “best seat available”, online registration is offered. Seating is limited, so Gitty Up and don’t delay! Come in and purchase your ticket today!

Code Date Time Fee
131107.01 Sunday, May 17 4:00 - 7:00 p.m. $12 per person

LINE DANCING PARTY
The La Verne Community Center invites you to attend our Line Dancing Party! Hosted by line dancing instructor Jan Takemoto! Refreshments and snacks will be provided. All entry fees will go back into our Senior Programs.

DATE: FEBRUARY 25, 2020 TIME: 1PM-3PM FEE: $2 AT THE DOOR
MEALs & ClASSeS Active Adult

SENIOR MEALS
Hot nutritious lunches are served at 11:30 a.m. Monday through Friday (reservation check-in is at 11:15 a.m.). Anyone 60 years old or over and their spouse (regardless of age) may attend the lunch program held at the Community Center. A suggested donation of $3 is greatly appreciated to help offset the cost of the meals.

Reservations MUST be made at least one working day in advance before 11:00 a.m. To make a reservation, please call (909) 596-8778. During your first visit you will be asked to complete a short in-take form that includes verification of age.

MEALS ON WHEELS
Hot lunch delivered by a friendly volunteer to any eligible homebound resident in the La Verne/San Dimas area. Regular and diabetic menus are available. Meals are delivered Monday through Friday between 12:00 p.m.-1:00 p.m. and the cost is $4 per meal. For more information, please call Meals on Wheels at (909) 596-1828.

MAHJONG CLASS
We offer a new Mahjong class at the Community Center every Tuesday of the Month from 9:00 a.m.-12:00 p.m. To sign-up and for more information, please contact Barbara Shelton at larkslake2@yahoo.com.

*Please bring your own tiles & cards for playing if you have them. Beginners are welcome.*

SENIOR PINOCHLE
The Pinochle is happy to teach you how to play if you don’t already know how. If it sounds better than watching TV, give them a visit. They meet each Monday from 9:00 a.m. to 5:30 p.m. Come when you can, leave when you must, but the first person in makes the coffee. Give them a try on Mondays! The fee is $.50 per week.

BONE BUILDERS
Classes provide a proven combination of balance and strength training exercises to improve balance and increase muscle strength and bone density. Light weights provided in class. For more information call (909) 596-8700.

INSTRUCTOR: RSVP Trained Volunteer
LOCATION: Community Center

<table>
<thead>
<tr>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>50+</td>
<td>Ongoing</td>
<td>T/TH</td>
<td>9:30 - 10:30 a.m.</td>
<td>Free</td>
</tr>
<tr>
<td>50+</td>
<td>Ongoing</td>
<td>W/F</td>
<td>9:30 - 10:30 a.m.</td>
<td>Free</td>
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HILLCREST
Come learn how to use a research-backed handheld piece of exercise equipment that features technology created for NASA and which is currently in use on the Space Station! Get a fantastic full-body workout using something that weighs less than 3 pounds but offers up to 25 pounds of resistance. It’s unlike anything you’ve seen or used before, guaranteed. Classes are offered in two month courses, held on Mondays and Wednesdays from 2:00-2:45 pm in the Aquatic & Fitness Center at Hillcrest. The next free, two-month “Intro to DoubleFlex” course is scheduled for March 2nd - April 29th, 2020. RSVP is required. For more information and to RSVP, please call Hillcrest’s Aquatic & Fitness Center: (909)392-4029.

MOVIE MATINEE
2nd Monday of the Month
FREE • 12:30 p.m.
La Verne Community Center
3680 "D" Street • La Verne, CA 91750

Come and enjoy a free movie and light refreshments every 2nd Monday of each month at 12:30 p.m. To find out what’s playing or for more information, please call (909) 596-8776.
AARP DRIVER SAFETY

Take the “AARP Smart Driver” classroom course and you could save on your car insurance. Learn about proven driving methods and review skills that could help keep you and your loved ones safe on the road. AARP membership not required to attend this course.

INSTRUCTOR: Oscar Medina
REGISTER AT: Community Services Office
3660 “D” Street
LOCATION: Community Center

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
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<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>131301.01</td>
<td>Feb 19 &amp; 20</td>
<td>W/TH</td>
<td>8:30 a.m-1:00 p.m.</td>
<td>$15/Member</td>
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<tr>
<td>131301.02</td>
<td>Feb 19 &amp; 20</td>
<td>W/TH</td>
<td>8:30 a.m-1:00 p.m.</td>
<td>$20/Non-Member</td>
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<tr>
<td>131301.05</td>
<td>Apr 22 &amp; 23</td>
<td>W/TH</td>
<td>8:30 a.m-1:00 p.m.</td>
<td>$15/Member</td>
</tr>
<tr>
<td>131301.06</td>
<td>Apr 22 &amp; 23</td>
<td>W/TH</td>
<td>8:30 a.m-1:00 p.m.</td>
<td>$20/Non-Member</td>
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Line Dancing Class

Join our line dancing class! Beginners and Advance dancers are welcome. Fee to attend is $0.50 per class.

Mon
10:00-11:00 a.m. - Beginners
11:00 a.m.-12:00 p.m. - Advance

Tue
10:00-11:00 a.m. - Beginners
11:00 a.m.-12:00 p.m. - Advance

SENIOR CITIZEN AUDIT PROGRAM

The University of La Verne’s Senior Audit Program is for citizens 60 years and older living close to our campus but not limited to La Verne residents. The Program will require seniors to have a state issued identification card or license to register. Registration for the spring semester begins on December 2, 2019. Senior audit classes are not offered during the summer. Please contact the University of La Verne College of Arts and Sciences Dean’s Office for more information, (909) 448-4188.
Reservations may be made up to one year in advance. “D” Street Monday through Thursday from 8:30 a.m. to 5:00 p.m. Reservations may be made at the Community Services Office, 3660 guests for meetings, and smaller celebrations.

**VETERANS HALL**

- Located at 1550 Bonita Avenue.
- Veterans Hall has a beautiful main hall with wood floors and rich architecture with access to a full service kitchen. This facility is warm and quaint and can host up to 80 guests for meetings, and smaller celebrations.

For more information call (909) 596-8700 or go online at www.cityoflaverne.org/rentals. Reservations may be made at the Community Services Office, 3660 “D” Street Monday through Thursday from 8:30 a.m. to 5:00 p.m. Reservations may be made up to one year in advance.

**LA VERNE COMMUNITY CENTER**

Located at 3680 “D” Street behind the La Verne City Hall.

The La Verne Community Center is a 14,000 sq. ft. building with multiple rooms, commercial kitchen, and outdoor patios for classes, meetings, and a main hall that accommodates up to 230 guests for receptions, celebrations or corporate events.

**RENT WITH US TODAY!**

**Active Adult Classes**

**Starting a Home-Based Business**

Starting a home-based business to become self-employed. Includes basic marketing, finance and management skills.

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
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</thead>
<tbody>
<tr>
<td>Ray Tucker</td>
<td>M</td>
<td>9:00 a.m.-12:00 p.m.</td>
<td>1/6/20 - 2/10/20</td>
</tr>
<tr>
<td>Ray Tucker</td>
<td>M</td>
<td>9:00 a.m.-12:00 p.m.</td>
<td>2/24/20 - 4/13/20</td>
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</table>

**Managing and Growing your Home - Based Business**

Managing day-to-day business activities to increase revenue and profitability to grow a home-based business.

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<tbody>
<tr>
<td>Ray Tucker</td>
<td>M</td>
<td>9:00 a.m.-12:00 p.m.</td>
<td>4/20/20 - 6/8/20</td>
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**Sewing and Design**

Course will present basic sewing techniques for mass production as well as one of a kind creations. Students will receive a supply list at the first class meeting.

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<tr>
<th>Instructor</th>
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</thead>
<tbody>
<tr>
<td>Susan Stringfellow</td>
<td>M</td>
<td>9:00-12:00 (Quilting Emphasis)</td>
<td>1/6/20-2/10/20</td>
</tr>
<tr>
<td>Susan Stringfellow</td>
<td>M</td>
<td>9:00-12:00 (Quilting Emphasis)</td>
<td>2/24/20 - 6/8/20</td>
</tr>
<tr>
<td>Susan Stringfellow</td>
<td>M</td>
<td>12:30 - 3:30</td>
<td>1/6/20-2/10/20</td>
</tr>
<tr>
<td>Susan Stringfellow</td>
<td>M</td>
<td>12:30 - 3:30</td>
<td>2/24/20 - 6/8/20</td>
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**Sewing and Tailoring 1**

Patternmaking and garment fitting with flat pattern and draping methods, learned through process of creating a personal fitting form.

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<th>Instructor</th>
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<tbody>
<tr>
<td>Susan Stringfellow</td>
<td>W</td>
<td>9:00-12:00 (Quilting Emphasis)</td>
<td>2/28/20 - 6/10/20</td>
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<tr>
<td>Susan Stringfellow</td>
<td>W</td>
<td>12:30 - 3:30 (Quilting Emphasis)</td>
<td>2/26/20 - 6/10/20</td>
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**Sewing and Tailoring 2**

Haute couture garment construction, including couture tailoring techniques for inner structure, finishing, and achieving superior overall appearance.

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<tr>
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<tbody>
<tr>
<td>Susan Stringfellow</td>
<td>W</td>
<td>9:00-12:00 (Quilting Emphasis)</td>
<td>1/8/20 - 2/19/20</td>
</tr>
<tr>
<td>Susan Stringfellow</td>
<td>W</td>
<td>12:30 - 3:30 (Quilting Emphasis)</td>
<td>1/8/20 - 2/19/20</td>
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**Drawing – Beginning through Advanced**

Developing the perceptual and technical skills of drawing, through observations of objects, still life and landscape will be utilized.

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<thead>
<tr>
<th>Instructor</th>
<th>Day</th>
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<th>Dates</th>
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<tbody>
<tr>
<td>Yasmine Cardona</td>
<td>T</td>
<td>1:00-3:00 p.m.</td>
<td>1/7/20 - 2/18/20</td>
</tr>
<tr>
<td>Yasmine Cardona</td>
<td>T</td>
<td>1:00-3:00 p.m.</td>
<td>2/25/20 - 6/9/20</td>
</tr>
<tr>
<td>Ray Tucker</td>
<td>TH</td>
<td>9:00-Noon</td>
<td>1/9/20 - 2/20/20</td>
</tr>
<tr>
<td>Ray Tucker</td>
<td>TH</td>
<td>9:00-Noon</td>
<td>2/27/20 - 6/11/20</td>
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</table>

**Watercolor Painting**

Principle of drawing, design, color and composition for watercolor painting emphasizing creative skill development.

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<thead>
<tr>
<th>Instructor</th>
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<th>Time</th>
<th>Dates</th>
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</thead>
<tbody>
<tr>
<td>Kelly Conte</td>
<td>T</td>
<td>9:00-Noon</td>
<td>1/7/20 - 2/18/20</td>
</tr>
<tr>
<td>Kelly Conte</td>
<td>T</td>
<td>9:00-Noon</td>
<td>2/25/20 - 6/9/20</td>
</tr>
<tr>
<td>Ray Tucker</td>
<td>F</td>
<td>1:00-4:00 p.m.</td>
<td>1/10/20 - 2/7/20</td>
</tr>
<tr>
<td>Ray Tucker</td>
<td>F</td>
<td>1:00-4:00 p.m.</td>
<td>2/28/20 - 6/12/20</td>
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</table>

**Fall Prevention: Balance and Mobility**

Learn to prevent falls through balance, mobility and risk prevention.

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<tr>
<th>Instructor</th>
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<th>Time</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Yasmine Slim</td>
<td>T&amp;TH</td>
<td>1:30-2:30 p.m.</td>
<td>1/7/20 - 2/20/20</td>
</tr>
<tr>
<td>Yasmine Slim</td>
<td>T&amp;TH</td>
<td>1:30-2:30 p.m.</td>
<td>2/25/20 - 6/11/20</td>
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</table>

**Healthy Aging Principals of Slow Movement**

Healthy aging, including diet, nutrition, disease prevention, and application of Tai Chi principles to maintain health while aging.

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<thead>
<tr>
<th>Instructor</th>
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</thead>
<tbody>
<tr>
<td>John Rafter</td>
<td>TH</td>
<td>1:00-3:00 p.m.</td>
<td>1/9/20 - 2/20/20</td>
</tr>
<tr>
<td>John Rafter</td>
<td>TH</td>
<td>1:00-3:00 p.m.</td>
<td>2/27/20 - 6/11/20</td>
</tr>
</tbody>
</table>

**Healthy Aging**

Healthy aging, including diet, nutrition, disease prevention, and application of physical fitness theories to maintain health while aging.

<table>
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<th>Instructor</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Danelle Cole</td>
<td>T&amp;TH</td>
<td>8:00-9:30 a.m.</td>
<td>1/7/20 - 2/20/20</td>
</tr>
<tr>
<td>Danelle Cole</td>
<td>T&amp;TH</td>
<td>8:00-9:30 a.m.</td>
<td>2/25/20 - 6/11/20</td>
</tr>
</tbody>
</table>

**Home Gardening**

This course will include lectures, demonstrations, and hands-on experience in organic gardening, indoor plants, introduction to bonsai, fruit orchards, traditional gardening, and information on pesticides.

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steven O. Williams</td>
<td>T</td>
<td>1:00-3:00 p.m.</td>
<td>1/7/20 - 2/18/20</td>
</tr>
<tr>
<td>Steven O. Williams</td>
<td>T</td>
<td>1:00-3:00 p.m.</td>
<td>2/25/20 - 6/9/20</td>
</tr>
</tbody>
</table>

**Healthy Aging**

Healthy aging, including diet, nutrition, disease prevention, and application of physical fitness theories to maintain health while aging.

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Danelle Cole</td>
<td>T&amp;TH</td>
<td>8:00-9:30 a.m.</td>
<td>1/7/20 - 2/20/20</td>
</tr>
<tr>
<td>Danelle Cole</td>
<td>T&amp;TH</td>
<td>8:00-9:30 a.m.</td>
<td>2/25/20 - 6/11/20</td>
</tr>
</tbody>
</table>
WINTER/SPRING INCLUSION INFORMATION

UNLESS OTHERWISE NOTED, ALL CLASSES HELD AT:
COMMUNITY CENTER
3680 “D” STREET
INCLUSION OF RESIDENTS WITH SPECIAL NEEDS

MISSION STATEMENT
Partner to provide full community inclusion for people with disabilities in all facets of community life.

INCLUSION ADVISORY GROUP
The Inclusion Advisory Group, which was formed in 2004, meets every other month to discuss ways to make sure people with disabilities are represented in community activities and to look for new ways to make current services more accessible. If interested in sharing ideas and adding to our community and for meeting dates, please call (909) 596-8776.

RESOURCES
- Ability First
- ADD/ADHD
- Assistive technology
- Autism Society
- CalFresh (Now available if you receive SSI)
- Epilepsy foundation
- Facts about many disabilities
- Facts about special education
- Free Legal advice
- Independent Living
- Learning disability society
- National Alliance for the Mentally Ill
- Parent Grief
- Sensory processing Disorder
- The Parents’ Place resource center
- TriCity Wellness Center

The IMPACT program is a broad-based, multi-disciplinary curriculum intended to meet the wide variety of educational needs presented by individuals with developmental disabilities.

IMPACT = Independent living skills, Mobility training, Physical health and safety, Advocacy for self, College and career, and Technology training

Provided by Mt. San Antonio College. For more information on Mt. San Antonio classes, please call (909) 274-4192 or visit the college website at www.mtsac.edu.

LIFELONG LEARNING FOR THE SPECIAL NEEDS POPULATION
Educational activities for special needs students emphasizing physical, cognitive, social and emotional skill development.

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Briseida Ramirez</td>
<td>W</td>
<td>9:00 a.m.-12:00 p.m.</td>
<td>1/8/20-2/19/20</td>
</tr>
<tr>
<td>Laura Espinoza</td>
<td>F</td>
<td>9:00 a.m.-12:00 p.m.</td>
<td>1/10/20-2/7/20</td>
</tr>
<tr>
<td>Briseida Ramirez</td>
<td>W</td>
<td>9:00 a.m.-12:00 p.m.</td>
<td>2/26/20-6/10/20</td>
</tr>
<tr>
<td>Laura Espinoza</td>
<td>F</td>
<td>9:00 a.m.-12:00 p.m.</td>
<td>2/28/20-6/12/20</td>
</tr>
</tbody>
</table>

INTERACTING WITH EMERGENCY PERSONNEL AND AUTHORITIES
Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and victimization.

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Briseida Ramirez</td>
<td>M</td>
<td>9:00 a.m.-12:00 p.m.</td>
<td>1/6/20-2/10/20</td>
</tr>
<tr>
<td>Briseida Ramirez</td>
<td>M</td>
<td>9:00 a.m.-12:00 p.m.</td>
<td>2/24/20-6/8/20</td>
</tr>
</tbody>
</table>

INTERNET RESEARCH AN INTRODUCTION
Includes email, research, terminology and functional capabilities of the Internet. Advisory prerequisite: basic Computing Level 1.

<table>
<thead>
<tr>
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<th>Dates</th>
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<tbody>
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<td>Briseida Ramirez</td>
<td>F</td>
<td>9:00 a.m.-12:00 p.m.</td>
<td>2/28/20-6/12/20</td>
</tr>
</tbody>
</table>
CAPTIONED THEATRE MOVIES
AT REGAL CINEMAS, LA VERNE

Now at our local movie theatre, you can enjoy the feature of captioned movies – great for people who are hearing impaired. Check Regal for show times. A great program for anyone with hearing loss! Following are the other participating theaters:

AMC Ontario Mills 30, 4549 Mills Circle, Ontario, California
AMC Covina 30, 1414 N. Azusa Avenue, Covina, California

SPORTS

AYSO VIP PROGRAM
(AMERICAN YOUTH SOCCER ORGANIZATION)

AYSO’s VIP program provides a quality soccer experience for children and adults whose physical or mental disabilities make it difficult to successfully participate on mainstream teams. VIP teams include players who are blind or visually impaired, amputees, mentally or emotionally challenged, Autistic, Downs Syndrome, Cerebral Palsy, etc. If you are interested in participating as a volunteer or know someone who would enjoy participating as a player, please contact our Region’s VIP Coordinator at (909) 596-5722.

EVENT

SWEETHEARTS DANCE

Come join us for a fun filled dance to celebrate Valentine’s Day! Participants enjoy a DJ, refreshments, fun decorations, and a chance to party with their peers. Sponsored by the Alhambrans and the City of La Verne. All participants are required to fill out an activity form, which must be signed by participant or legal guardian. If you have further questions, please call (909) 596-8776.

Tickets can be purchased beginning January 6 at the Community Services office located in City Hall at 3660 “D” Street.

LOCATION: Community Center

<table>
<thead>
<tr>
<th>Code</th>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
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<tr>
<td>141103.01</td>
<td>13+</td>
<td>Feb 7</td>
<td>F</td>
<td>6:00-9:00 p.m.</td>
<td>$5/person presale</td>
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<tr>
<td></td>
<td></td>
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<td></td>
<td></td>
<td>$7/person at the door</td>
</tr>
</tbody>
</table>

*Parents and caregivers are FREE!

Do you have concerns about your child’s growth or behavior? 211 LA County can conduct a FREE developmental screening over the phone for children, infant to five years of age to see how your child is learning, behaving, or growing for his or her age.

Dial 2-1-1 and ask to get a developmental screening for your child. You will be connected to a 2-1-1 Care Coordinator who will interview you using a parent questionnaire and who will provide hands-on and follow-up assistance in connecting to needed intervention services in Los Angeles County. Call 2-1-1 or visit www.211LA.org for Free Help or Information. It is available 24/7 and in all languages.

Special Olympics Southern California has been changing lives through the power of sport for more than 40 years. Special Olympics offer opportunities for children (8 and older) and adults with intellectual disabilities to participate in year-round sports training and competition at no cost to the athlete.

Visit our web page at www.sosc.org/pomonavalley, call (909) 319-7693 or email revans@sosc.org for more information about how to compete, volunteer, coach or donate.
SOCCER LEAGUE
WOMEN’S 30+
THURSDAY NIGHT
This is a recreational soccer league for the 30+ player intent on developing and maintaining skills, camaraderie, and good health. A player must agree to play non-contact soccer. Experienced players are expected to participate as teachers and friends. Players will be assigned to a team for the 8 game season. Priority will be given to La Verne residents, beginning players, players returning from injuries, and returning league players. Please call if you are late registering, so we can add you to our list. Dates WILL be adjusted by weather/field conditions.

REGISTER AT:
Community Services, 3660 "D" Street
LOCATION:
Sports Park, 3102 "D" Street

WINTER
CODE: 121607.01
REGISTRATION:
December 2 thru January 2 OR until league is full, whichever occurs first
GAMES BEGIN:
January 9
GAME TIMES:
7:00 - 8:20 p.m.
FEE:
$40/9 game session

SPRING
CODE: 121602.01
REGISTRATION:
December 30-February 19 OR until league is full
GAMES BEGIN:
Sunday, February 23, & runs for 10-weeks of league play
GAME TIMES:
1:00 - 9:00 p.m.

SUMMER
CODE: 221602.01
REGISTRATION:
April 27 - June 24 OR until league is full
GAMES BEGIN:
Sunday, June 28, & runs for 10-weeks of league play
GAME TIMES:
1:00 - 9:00 p.m.
ANNUAL YOUTH TRACK & FIELD MEET
Track teams representing La Verne Heights, Grace Miller, Roynon, Oak Mesa, and Ramona Middle School will be invited to participate. First and second place winners will represent La Verne in the San Gabriel Valley Championships. For more information on how to participate on a school team, contact the Community Services Department or the school physical education teachers.

REGISTER: Through school P.E. teachers
DATE: April 4
LOCATION: Bonita High School
AGES: Boys and Girls born 2004-2010
FEE: Free
AWARDS: Medals for 1st place, ribbons for 2nd through 5th.

SUMMER T-BALL
Children will participate in a non-competitive instructional league. Both BOYS and GIRLS are coached in the fundamentals of T-ball by volunteer coaches. Each participant will receive a team shirt and hat. Gloves must be provided by participant.

CODE: 211606.01
AGES: 4, 5 and 6 year olds (child must not turn 7 prior to July 25)
FEE: $85 per child, $75 for each additional child in immediate family
REGISTRATION: March 23 until leagues are filled, or through May 7. whichever occurs first.
REGISTER AT: Community Services Office, 3660 “D” Street
GAMES: Saturdays between 8:00 a.m. and 12:00 p.m., from June 6 through July 25 at Roynon Elementary School
PRACTICES AND LOCATIONS: Held at schools once a week. Times set up by individual coaches
AWARDS: Each child will receive a participation award during closing ceremonies

ALL TEAMS ARE COACHED BY VOLUNTEERS. PLEASE CONTACT THE COMMUNITY SERVICES OFFICE FOR MORE INFORMATION.

SUMMER YOUTH BASKETBALL
The La Verne Youth Basketball Program is an organized basketball league with approximately nine children per team. Both BOYS and GIRLS are instructed in the fundamentals of basketball in an atmosphere of sportsmanship and fair play. Teams are coached by volunteers.

CODE/ AGES: 211603.A1 Div A-Players who are going into 7th & 8th grade
CODE/ AGES: 211603.B1 Div B-Players who are going into 5th & 6th grade
CODE/ AGES: 211603.C1 Div C -Players who are going into 3rd & 4th grade
FEE: $90 per child, $75 for additional child in immediate family
REGISTRATION: March 23 until leagues are filled, or through April 30, whichever occurs first.
REGISTER AT: Community Services Office, 3660 “D” Street
GAMES: Saturdays, June 6 through July 25
PRACTICES: Times and locations set up by coach
PLAYERS DRAFT: Saturday, May 16 at Bonita High School Gym
Div C - 9:00 a.m.
Div B - 10:30 a.m.
Div A - 12:00 p.m.

ALL TEAMS ARE COACHED BY VOLUNTEERS.
PLEASE CONTACT THE COMMUNITY SERVICES OFFICE FOR MORE INFORMATION.
GATORS SWIM TEAM

Come join the City of La Verne’s Swim Team! You will learn skills such as team involvement and strokes for the competitive swimmer. This is a great introduction to our summer swim season. Swimmers may compete with other city teams and must provide their own transportation to and from each swim meet. Swimmers are encouraged to purchase additional equipment in order to help with training. Coaches will advise swimmers on what equipment is needed. Each participant must meet certain swim requirements to join the program. Swimmers will be tested on the first day of practice. Swimmers not meeting those requirements will be given a full refund.

**COACH:** Victoria Hodge  
**LOCATION:** Aquatics Center, 3175 Bolling Avenue

<table>
<thead>
<tr>
<th>Code</th>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>111415.01</td>
<td>5-17</td>
<td>Jan 6-29</td>
<td>M/W</td>
<td>5:30-7:00 p.m.</td>
<td>$100</td>
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<tr>
<td>111415.02</td>
<td>5-17</td>
<td>Feb 3-Apr 10</td>
<td>M/W</td>
<td>5:30-7:00 p.m.</td>
<td>$165</td>
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</table>

DIVING CLASSES

ADVANCED DIVING CLASS

Students in this class will be taught more advanced skills and dives from the various categories. They will be introduced to the basics of dive numbers, degree of difficulty for dives, scoring and judging used at the competitive levels.

**INSTRUCTOR:** Olivia Palmer  
**LOCATION:** Aquatics Center, 3175 Bolling Avenue

<table>
<thead>
<tr>
<th>Code</th>
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<th>Dates</th>
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<th>Time</th>
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<tbody>
<tr>
<td>111409.A1</td>
<td>4+</td>
<td>Jan 6-29</td>
<td>M/W</td>
<td>5:30-7:00 p.m.</td>
<td>$130</td>
</tr>
<tr>
<td>111409.A2</td>
<td>4+</td>
<td>Feb 3-26</td>
<td>M/W</td>
<td>5:30-7:00 p.m.</td>
<td>$130</td>
</tr>
<tr>
<td>111409.A3</td>
<td>4+</td>
<td>Mar 2-30</td>
<td>M/W</td>
<td>6:00-7:30 p.m.</td>
<td>$130</td>
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<tr>
<td>111409.A4</td>
<td>4+</td>
<td>Apr 1-29</td>
<td>M/W</td>
<td>6:00-7:30 p.m.</td>
<td>$130</td>
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<tr>
<td>111409.A5</td>
<td>4+</td>
<td>May 4-27</td>
<td>M/W</td>
<td>6:00-7:30 p.m.</td>
<td>$130</td>
</tr>
</tbody>
</table>

JET AQUATICS

JET is an official USA club swim team. For those of you who are not familiar with USA Swimming, this is an entirely different competition level than Gators, with swim meets across SoCal & the states against other USA swim teams. By affiliation with USA Swimming, swimmers across the nation have potential to swim Jr. Olympic as well as Olympic trials. JET will be more competitive and restrictive in order to compete at a higher level. Please note that there are specific swim times that need to be met in order to be part of JET. The program is not open for Novice swimmers and there will be a formal try out for each swimmer that wishes to be on the team. USA Swim fees will also be due per year.

For more information and paperwork, please contact the head coach, Victoria Hodge at (909) 908-8082. **(No class 12/23-1/3).**

<table>
<thead>
<tr>
<th>Code</th>
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<th>Dates</th>
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<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>211414.04</td>
<td>5+</td>
<td>Dec 2-Jan 31</td>
<td>M-F</td>
<td>5:30-7:00 p.m.</td>
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<td>111414.01</td>
<td>5+</td>
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<td>M-F</td>
<td>5:30-7:00 p.m.</td>
<td>$170</td>
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<tr>
<td>111414.02</td>
<td>5+</td>
<td>Apr 1-May 29</td>
<td>M-F</td>
<td>5:30-7:00 p.m.</td>
<td>$170</td>
</tr>
</tbody>
</table>
ART

YOUNG REMBRANDTS
Curriculum meets California State Standards for the Visual Arts. All materials are provided.

PRE-SCHOOL DRAWING
This class is specifically designed with the needs of young learners in mind. We provide a positive, nurturing environment while students learn to draw and develop skills that will also prepare them for Kindergarten. As students draw and color fun, familiar objects, they practice following directions and staying on task. All materials are included.

INSTRUCTOR: Young Rembrandts Staff
LOCATION: Community Center

ELEMENTARY AND CARTOON DRAWING
This class combines our essential basics of drawing and our humorous cartoon curriculum. Students will improve drawing skills, understanding of concepts, and increase art vocabulary as well as create silly characters and story sequences that tell jokes!

INSTRUCTOR: Young Rembrandts Staff
LOCATION: Community Center

FINE ART ACRYLIC PAINTING
Explore the medium of acrylics! The class will focus on composition, color, design, and technique. Supply list will be provided at the first class meeting. First class - All materials will be provided for free.

INSTRUCTOR: Ray Tucker
LOCATION: Community Center

WOODCARVERS GROUP
All skill levels welcome. A parent or a responsible adult must accompany children between the ages 10 to 17. Beginning carvers receive their first blank free with one-on-one instruction. We have knives for sale - $11. If you have questions, contact Jerry Abel at (909) 573-3595.

COORDINATORS: Jerry Abel and Lynn Nicholson
LOCATION: Community Center

MUSIC CLASSES

ROCKSTARS OF TOMORROW
INSTRUCTOR: Rockstars Staff
LOCATION: 2855 Foothill Blvd. #A102

BEGINNING GROUP GUITAR
Today's most popular instrument – the Guitar. Whether it's acoustic or electric, rock or pop, rhythm or lead, we've got you covered. Learn the basics in this beginners class and then branch out from there. Playing guitar is one of those skills that comes in handy in so many situations later in life, you'll never regret it.

INSTRUCTOR: Young Rembrandts Staff
LOCATION: Community Center

BEGINNING GROUP DRUMS
The drums are probably the most fun you'll ever have sitting down. You'll improve your coordination and math skills. Plain and simple, the drums rock and so will you after taking this explosive drum program! You'll learn rudiments, theory, technique, dynamics and timing all while rockin' to the beats of your favorite songs.

BEGINNING GROUP VOCALS
Singing is by far the oldest form of musical expression and quite arguably the most challenging and most beautiful instrument of them all. If you've never sang before, no problem...we start with the basics and build up from there. Singing is extremely rewarding and is one of the best ways to express yourself through music. Our vocal program will give you a voice to be heard.

ART Classes

WINTER/Spring 2020

City of LA VERNE 21
BEGINNING GROUP PIANO
The keyboard’s logical layout makes it easy to learn and its large range makes it like having an entire orchestra at your fingertips, which is great for singers or composers. In this program, students can learn basic music theory, reading music, left and right hand techniques and much more. Learning the piano is fun again!

<table>
<thead>
<tr>
<th>Code</th>
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<th>Dates</th>
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<th>Time</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>110203.25</td>
<td>7+</td>
<td>Jan 10-Feb 7</td>
<td>F</td>
<td>4:15-5:00 p.m.</td>
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<tr>
<td>110203.26</td>
<td>7+</td>
<td>Jan 11-Feb 8</td>
<td>S</td>
<td>1:30-2:15 p.m.</td>
<td>$109</td>
</tr>
<tr>
<td>110203.27</td>
<td>7+</td>
<td>Feb 11-Mar 10</td>
<td>T</td>
<td>5:00-5:45 p.m.</td>
<td>$109</td>
</tr>
<tr>
<td>110203.28</td>
<td>7+</td>
<td>Feb 15-Mar 14</td>
<td>S</td>
<td>1:30-2:15 p.m.</td>
<td>$109</td>
</tr>
<tr>
<td>110203.29</td>
<td>7+</td>
<td>Mar 20-Apr 24</td>
<td>F</td>
<td>4:15-5:00 p.m.</td>
<td>$109</td>
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<td>110203.30</td>
<td>7+</td>
<td>Mar 21-Apr 25</td>
<td>S</td>
<td>1:30-2:15 p.m.</td>
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<tr>
<td>110203.31</td>
<td>7+</td>
<td>Apr 28-May 26</td>
<td>T</td>
<td>5:00-5:45 p.m.</td>
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<td>110203.32</td>
<td>7+</td>
<td>May 2-May 30</td>
<td>S</td>
<td>1:30-2:15 p.m.</td>
<td>$109</td>
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</tbody>
</table>

DANCE

CHILDREN DANCE CLASSES
INSTRUCTOR: Chae Mireles
LOCATION: Community Center
No class 1/20; 2/10; 2/17; 3/23 & 5/25

BALLET & TAP FOR TOTS
Children will learn the basics of tap and ballet while developing gracefulness, concentration, and coordination. Students will need ballet and tap shoes.

<table>
<thead>
<tr>
<th>Code</th>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>110402.01</td>
<td>3.5-4</td>
<td>Jan 6-Mar 2</td>
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<td>3:00-3:45 p.m.</td>
<td>$80</td>
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<tr>
<td>110402.02</td>
<td>3.5-4</td>
<td>Mar 9-Apr 20</td>
<td>M</td>
<td>3:00-3:45 p.m.</td>
<td>$80</td>
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<tr>
<td>110402.03</td>
<td>3.5-4</td>
<td>Apr 27-Jun 8</td>
<td>M</td>
<td>3:00-3:45 p.m.</td>
<td>$80</td>
</tr>
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</table>

BALLET & TAP II
Children will learn ballet positions and basic tap steps while building self-confidence and coordination. Students will need ballet and tap shoes.

<table>
<thead>
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<th>Code</th>
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<th>Dates</th>
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<th>Time</th>
<th>Fee</th>
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<td>3:45-4:30 p.m.</td>
<td>$80</td>
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<tr>
<td>110403.02</td>
<td>5-7</td>
<td>Mar 9-Apr 20</td>
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<td>3:45-4:30 p.m.</td>
<td>$80</td>
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<tr>
<td>110403.03</td>
<td>5-7</td>
<td>Apr 27-Jun 8</td>
<td>M</td>
<td>3:45-4:30 p.m.</td>
<td>$80</td>
</tr>
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</table>

HIP HOP RHYTHM
Students will learn the basics of hip-hop movement while working on their rhythm. Please have students wear tennis shoes and comfortable clothing.

<table>
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<tr>
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<td>4-7</td>
<td>Apr 27-Jun 8</td>
<td>M</td>
<td>4:30-5:15 p.m.</td>
<td>$80</td>
</tr>
</tbody>
</table>

CHEERLEADING

LA VERNE MUSTANG CHEER - COMPETITION SQUAD TRYOUTS
Tryout for our advanced team that will compete January thru June 2020! Practices are every Wednesday, 4:30-5:45 p.m. starting January 15, 2020. Commitment through June 2020. Additional costs if accepted onto team. Squad members will be notified by Sunday, January 12.

Note: Please bring water and snacks. Wear comfortable clothing (preferably black and green), white cheer shoes and hair in a high ponytail with any bow or ribbon.

INSTRUCTOR: Chae Mireles
LOCATION: Community Center

<table>
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<tr>
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<tbody>
<tr>
<td>110901.01</td>
<td>5-14</td>
<td>Jan 11</td>
<td>S</td>
<td>9:00 a.m.-1:00 p.m.</td>
<td>$12</td>
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LA VERNE MUSTANG - PERFORMANCE SQUAD
Class will teach cheer motions, dance, kicks, jumps, tumbling skills, and stunting to popular music with exciting steps and formations in a competitive atmosphere. This squad will have the opportunity to perform at many local events throughout the year. Additional uniform cost not included. No class 3/25.

INSTRUCTOR: Chae Mireles
LOCATION: Community Center

<table>
<thead>
<tr>
<th>Code</th>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>110901.02</td>
<td>5-14</td>
<td>Mar 4-Apr 29</td>
<td>W</td>
<td>4:15-5:00 p.m.</td>
<td>$95</td>
</tr>
<tr>
<td>110901.03</td>
<td>5-14</td>
<td>May 6-Jun 24</td>
<td>W</td>
<td>4:15-5:00 p.m.</td>
<td>$95</td>
</tr>
</tbody>
</table>

LA VERNE MUSTANG - COMPETITION TEAM
Routines will include cheer motions, dance, kicks, jumps, tumbling skills, and stunting, to popular music with exciting steps and formations in a fun atmosphere. This team will have the opportunity to compete at several local competitions as well as perform at many local events throughout the year. Team members must try out to be a part of this advanced team. The season will run 6 months, January-June 2020. Additional uniform cost is not included and is mandatory in order to compete. No class 3/25.

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<tr>
<td>110902.01</td>
<td>5-14</td>
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<td>$95</td>
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</table>
EDUCATION

LA VERNE PRESCHOOL
Join us for a social recreational program for children ages 3 to 5. We introduce children to numbers, colors, shapes, and the alphabet, story time, music, free play, and crafts. English as a first language is spoken and strongly encouraged.

BIRTH CERTIFICATES REQUIRED AT TIME OF REGISTRATION. CHILD MUST BE THREE YEARS OLD BY THE FIRST DAY OF SCHOOL. CHILDREN MUST BE TOILET TRAINED - NO DIAPERS OR PULL-UPS. NO EXCEPTIONS.

REGISTRATION: Ongoing
INSTRUCTORS: Cheryl Benson, Sally Olsen and Melinda liams

LOCATIONS: Veterans Hall or Oak Mesa

Ages: 3-5
Day: M/W/F
Time: 8:45-11:15 a.m.
Fee: $125/month

SESSIONS: Now - May

Waiting List Policy
Wait lists will be on file until the end of May of the current school year. The last day to put names on the waiting list will be Thursday, April 30, 2020. When being placed on the waiting list, the child must be toilet trained and ready to begin school. If your child is called from the waiting list and they are not ready to start preschool, the child will be taken off the waiting list.

PARENT & ME PRESCHOOL
WITH MISS DONNA
Come join us for an exciting time of fun and rewarding experiences in a preschool setting. Parents participate with their child in songs, arts and crafts, and community outings. Parents will learn updated approaches to daily discipline and other parenting challenges. Material fee: $30 per child per class enrolled.

INSTRUCTOR: Miss Donna Lwin – missdonna321@gmail.com

LOCATION: Veterans Hall

Code: Winter Session
110218.01 18m-2.5y Jan 6-Feb 10 M 9:30-11:30 a.m. $65
110218.02 2-5 Jan 7-Feb 18 T 9:30-11:30 a.m. $80
110218.03 2-5 Jan 8-Feb 19 W 9:30-11:30 a.m. $80
110218.04 3+ Jan 9-Feb 20 TH 9:30-11:30 a.m. $80
110218.05 3+ Jan 10-Feb 21 F 9:30-11:30 a.m. $80

Spring I
110218.06 18m-2.5y Feb 24-Apr 13 M 9:30-11:30 a.m. $80
110218.07 2-5 Feb 25-Apr 14 T 9:30-11:30 a.m. $80
110218.08 2-5 Feb 26-Apr 15 W 9:30-11:30 a.m. $80
110218.09 3+ Feb 27-Apr 16 TH 9:30-11:30 a.m. $80
110218.10 3+ Feb 28-Apr 17 F 9:30-11:30 a.m. $80

Spring II
110218.11 18m-2.5y Apr 20-Jun 1 M 9:30-11:30 a.m. $80
110218.12 2-5 Apr 21-Jun 2 T 9:30-11:30 a.m. $80
110218.13 2-5 Apr 22-Jun 3 W 9:30-11:30 a.m. $80
110218.14 3+ Apr 23-Jun 4 TH 9:30-11:30 a.m. $80
110218.15 3+ Apr 24-Jun 5 F 9:30-11:30 a.m. $80

FINANCIAL PEACE
Got debts? This class will show you how to pay off all your debts and start building real wealth. The class is based on Dave Ramsey’s Financial Peace University. We will learn how to implement the seven steps necessary to achieve "Financial Peace" - including living within a budget, paying off debts, building emergency funds, saving for college and retirement, investing for the future, and planning for one’s legacy. We will also discuss how to avoid being a victim of identity theft and financial frauds.

Code: FINANCIAL PEACE
110702.01 18+ Jan 23 TH 6:00-9:00 p.m. $39
110702.02 18+ Feb 27 TH 6:00-9:00 p.m. $39
110702.03 18+ Mar 19 TH 6:00-9:00 p.m. $39
110702.04 18+ Apr 23 TH 6:00-9:00 p.m. $39
110702.05 18+ May 28 TH 6:00-9:00 p.m. $39

DRIVER EDUCATION (ONLINE ONLY)
Driver education is a required course for California teens to receive a driver’s license and must be taken to receive a driver’s permit. The course includes parental involvement, and is fun, interactive, and educational. Coursework can be completed at any time. DMV accepted completion certificates issued upon successful completion of the course. Class does not include behind-the-wheel driving.

INSTRUCTOR: All Good Driving School, Inc.
LOCATION: Online

Code: Ages Dates Time Fee
111302.01 14-18 Jan 1-31 Online $39
111302.02 14-18 Feb 1-29 Online $39
111302.03 14-18 Mar 1-31 Online $39
111302.04 14-18 Apr 1-30 Online $39
111302.05 14-18 May 1-31 Online $39

AARP SMART DRIVER COURSE AGE 50+
Take the “AARP Smart Driver” classroom course and you could save on your car insurance. Learn about proven driving methods and review skills that could help keep you and your loved ones safe on the road.

AARP membership not required to attend this course.
INSTRUCTOR: Oscar Medina
LOCATION: Community Services Center 3660 "D" Street

Code: Ages Dates Day Time Fee
131301.01 50+ Feb 19 & 20 W/TH 8:30 a.m.-1:00 p.m. $15/Member
131301.02 50+ Feb 19 & 20 W/TH 8:30 a.m.-1:00 p.m. $20/Non-Member
131301.05 50+ Apr 22 & 23 W/TH 8:30 a.m.-1:00 p.m. $15/Member
131301.06 50+ Apr 22 & 23 W/TH 8:30 a.m.-1:00 p.m. $20/Non-Member

Special Interest

BE A SAVVY TRAVEL PLANNER
Learn about how to save money by being your own travel agent! A review of traveling options (group tours, cruises, or traveling alone) will be explored. Areas such as safety, hotel selection, traveling by train or rental cars will also be discussed. Learn how to save money on your trips. Fee for couples is $50.

INSTRUCTOR: Hector Hernandez
LOCATION: Community Center

Code: Ages Dates Day Time Fee
110310.01 18+ Jan 18 W 6:00-9:00 p.m. $37
110310.02 18+ Feb 25 T 6:00-9:00 p.m. $37
110310.03 18+ Mar 24 T 6:00-9:00 p.m. $37
110310.04 18+ Apr 28 T 6:00-9:00 p.m. $37
110310.05 18+ May 26 T 6:00-9:00 p.m. $37

City of LA VERNE
AGI ACADEMY

INSTRUCTOR: AGI Academy

LOCATIONS: San Dimas Senior Center • 201 E. Bonita Ave., San Dimas

$10 lab fee on all classes

INTRODUCTION TO TYPING
Develop your child’s basic typing skills and prepare them for many years of future usage. Different techniques and supplemental practice will be introduced to make learning fun as your child is taught a lifetime skill.

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<td>May 1-Jun 5</td>
<td>F</td>
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<td>$110</td>
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CRITICAL READING SKILLS
This course helps students strengthen their critical reading and vocabulary building skills, which are essential analytically skills for academic success. Students will learn how to enhance their reading comprehension skills by identifying important information, assumptions, values, and language use. They will also improve the vocabulary skills to prepare the standardized tests.

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<td>F</td>
<td>6:30-7:30 p.m.</td>
<td>$110</td>
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MATH WORKSHOP
This is a great refresher course for students who want to brush up on their Math skills. Experience a new approach to math problem solving and hands-on practice for 3rd - 8th graders. Whether students need help with homework assistance, or want to prepare for a test, AGI is here to help. The program not only helps with individuals for improvement, but will also help your student manage overall success in school.

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<td>F</td>
<td>7:30-8:30 p.m.</td>
<td>$110</td>
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LEARNING MICROSOFT WORD AND POWERPOINT
Learn to use Microsoft Word for writing reports, projects, homework, or basic communication skills. The class will cover such areas as formatting with fonts, paragraph alignment, indents, margins, clip art, bullets and numbering, and columns and tables. Students will also learn PowerPoint for slide shows and apply the presentation to their academic work and project.

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<td>May 1-Jun 5</td>
<td>F</td>
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MICROSOFT OFFICE APPLICATION
Whether you want to use your computer to edit documents, make amazing slideshow presentations, create spreadsheets or produce tables, this class will let you do so by using Microsoft’s three popular programs. Class includes hands-on practice. Experienced users can sharpen their skills and refresh themselves for those useful functions.

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<td>F</td>
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<td>F</td>
<td>7:30-8:30 p.m.</td>
<td>$110</td>
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SAFESITTER
A class specifically designed for girls and boys ages 11 to 14. This two day class has received national recognition by the American Academy of Pediatrics. The small class size and interactive learning environment includes: role playing, games, childcare, age-appropriate activities and setting up a babysitting business. Students get a hands-on practice in basic life saving techniques. For the first day, please bring a sack lunch. A sweater is also recommended. Second day is from 9:00A.M. - 12:00 p.m. Parents must sign students in and out on both days.

INSTRUCTOR: Certified PVHMC Staff and CPR Instructors

LOCATION: Pomona Valley Hospital Medical Center
1798 N. Garey Ave., Pomona

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<tr>
<td>110201.01</td>
<td>11-14</td>
<td>Jan 25 &amp; 26</td>
<td>S/SU</td>
<td>9:00 a.m. - 2:00 p.m.</td>
<td>$50</td>
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<tr>
<td>110201.02</td>
<td>11-14</td>
<td>Feb 22 &amp; 23</td>
<td>S/SU</td>
<td>9:00 a.m. - 2:00 p.m.</td>
<td>$50</td>
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<tr>
<td>110201.03</td>
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<td>S/SU</td>
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<td>$50</td>
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<tr>
<td>110201.04</td>
<td>11-14</td>
<td>May 30 &amp; 31</td>
<td>S/SU</td>
<td>9:00 a.m. - 2:00 p.m.</td>
<td>$50</td>
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DOG OBEDIENCE

BASIC OBEDIENCE/ PREVENTATIVE TOPICS
This class will lay the foundation for your training. This class will cover basic obedience exercises such as sit, stand, down, stay, leave it and drop it. Platform Training is a great training tool used for teaching all their stay cues. We also cover behavior problems such as jumping, digging, biting, barking, chewing, housebreaking and counter surfing. All dogs MUST be preregistered, paid and MUST show proof of current vaccinations one week prior to class start date. If you have questions, please call the instructor, Kelly Wolff-Arias at (909) 599-8844.

INSTRUCTOR: Kelly Wolff-Arias & James Arias
LOCATION: Lutheran High School, Room 9
3960 Fruit Street, La Verne

Code | Ages | Dates       | Day | Time       | Fee  
--- |------|-------------|-----|------------|------
121001.01 | 18+ | Jan 7-Feb 11 | T | 6:30-7:30 p.m. | $180 
121001.02 | 18+ | Feb 18-Mar 24 | T | 6:30-7:30 p.m. | $180 
121001.03 | 18+ | Apr 7-May 12 | T | 6:30-7:30 p.m. | $180 

LOOSE LEASH WALKING
This class is designed to teach you how to take control of your walks. We will give you the knowledge and hands on experience needed to train your dog to walk politely and not pull while on leash. Prerequisite: Basic Obedience. If you have questions, please call the instructor, Kelly Wolff-Arias at (909) 599-8844.

INSTRUCTOR: Kelly Wolff-Arias & James Arias
LOCATION: Lutheran High School, Room 9
3960 Fruit Street, La Verne

Code | Ages | Dates       | Day | Time       | Fee  
--- |------|-------------|-----|------------|------
121001.04 | 18+ | Jan 7-Feb 11 | T | 7:45-8:45 p.m. | $180 
121001.05 | 18+ | Feb 18-Mar 24 | T | 7:45-8:45 p.m. | $180 
121001.06 | 18+ | Apr 7-May 12 | T | 7:45-8:45 p.m. | $180 

INTRODUCTION TO K9 NOSE WORK
Come Sniff out the Fun! K9 Nose Work is an activity where the dog is using its nose to locate a targeted odor. There is no breed or age restriction. The only requirement is that the dog has a nose and the handler enjoys watching their dog use its natural hunting abilities. This is a very good sport for dogs that need to drain their mental and physical energy. For shy and timid dogs this is a confidence building activity it will build the bond between the dog and handler. If you have questions, please call the instructor, Kelly Wolff-Arias at (909) 599-8844.

INSTRUCTOR: Kelly Wolff-Arias & James Arias
LOCATION: Lutheran High School, Room 9
3960 Fruit Street, La Verne

Code | Ages | Dates       | Day | Time       | Fee  
--- |------|-------------|-----|------------|------
121001.07 | 18+ | Jan 8-Feb 12 | W | 7:45-8:45 p.m. | $180 

WRITING

BEGINNING WRITING
For those wishing to write short stories, a biography or memoir, a novel, poetry, etc. Basic writing skills covered such as narration, dialogue, characterization, viewpoints, and literary devices. NOTE: All students must have access to a computer and must have an email address. Pre-registration required. Please contact Professor Eastwood at teastwood2010@gmail.com to register and for further information. Class begins at 6:00 P.M. for first time students.

PREREQUISITE: A love of reading and writing stories.

PROFESSOR: Toni Eastwood
LOCATION: Community Center

Code | Ages | Dates | Day | Time       | Fee  
--- |------|-------|-----|------------|------
16+ | Jan 9-30 | TH | 6:30-8:30 p.m. | $10 
16+ | Feb 6-27 | TH | 6:30-8:30 p.m. | $10 
16+ | Mar 5-26 | TH | 6:30-8:30 p.m. | $10 
16+ | Apr 30-May 21 | TH | 6:30-8:30 p.m. | $10 
16+ | May 28-June 25 | TH | 6:30-8:30 p.m. | $10 

LA VERNE WRITERS’ GROUP (LVWG) WORKSHOPS
The LVWG is a group of local writers who come together for help and support. A round-table discussion is held to critique each other’s individual writings. We also hold an annual Authors’ Event to showcase our work. The LVWG meets at the La Verne Community Center, 3660 “D” Street, on Fridays from 1:30 to 3:30 p.m. There is a fee of $10 for four workshops.

The group is open to writers who have acquired all the necessary writing skills. Prospective members may submit a writing sample to lvwg2015@gmail.com.

For further information, visit our website at www.lvwritersgroup.com. For questions or a writing sample rubric, contact us at lvwg2015@gmail.com.
HEALTH & WELLNESS

KIDDIE WORKOUT
This 50 minute class will be conducted in a playful space where a maximum of 12 children can interact with each other and develop early sportsmanship and the fundamentals of team sports like t-ball, soccer, basketball, etc. This class will allow children to work on their problem solving and gross motor skills, all while remaining active. (No class 1/20 & 2/17).

INSTRUCTOR: Art & Alicia Aguilar
LOCATION: La Verne Community Center

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<td>4:30-5:20 p.m.</td>
<td>$50</td>
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COMPLETE BODY WORKOUT
This class is designed to provide a total body workout in an hour’s time. All muscle groups will be targeted in a fast-paced, high intensity workout. Workout can be tailored to the individual’s pace and experience. Please bring workout mat and dumbbell weights to class. (No class 1/20 & 2/17).

INSTRUCTOR: Art Aguilar
LOCATION: La Verne Community Center

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</table>

YOGA & PILATES (YOGALATES)
Yoga teaches us excellent health with the physical benefits of increased flexibility and stamina, builds strength, creating a toned body, slender arms and thighs, improves muscle elasticity, joint mobility, balance and concentration, improves circulation, promotes relaxation, benefits internal organs and glands. Pilates develops a strong core or center of the body-flat abdominals. It alleviates back pain and other chronic ailments. (No class 1/20; 2/17 & 5/25).

INSTRUCTOR: Art Aguilar
LOCATION: La Verne Community Center

<table>
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<tr>
<th>Code</th>
<th>Ages</th>
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<th>Day</th>
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EQUILIBRIUM FITNESS
Equilibrium Fitness is a Yoga, Pilates, and Wellness studio in La Verne, California offering fitness classes to the surrounding communities. Since 2001, we have been serving the community with private, semi-private, and group exercise sessions and workshops. Our trainers provide personalized fitness and alternative wellness services to help promote a better you.

LOCATION: Equilibrium Fitness • 2019 Foothill Blvd., La Verne

PILATES MAT CORE BODY SCULPT
Core training is for beginner to advanced students. Foundational Pilates movement are presented in detail with emphasis on technique. For beginners this class gives more room and time to learn and explore movement. For advanced students this class deepens the foundation of the core emphasizing full connection with the body. (No class 3/25).

INSTRUCTOR: Art Aguilar
LOCATION: La Verne Community Center

<table>
<thead>
<tr>
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HANNA SOMATIC – CAT STRETCH SERIES
The Cat Stretch Series is a movement class that teaches the students to move in a manner that will remind them of how to release chronically contracted muscle groups, leaving them with a lower resting level. The movements are done slowly, with awareness, and without pain. Students will be encouraged to move in a calm and quiet way. Some of the benefits to this kind of movement are a reduction of pain and a recovery of lost range of motion.

INSTRUCTOR: Art Aguilar
LOCATION: La Verne Community Center

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INTRODUCTION TO PILATES REFORMER
Never taken a Pilates Reformer class? Well, this class is for you! This class is an introduction to the basic exercises performed on the Pilates Reformer. It is designed to help build strength, increase flexibility, and develop a strong core and flat abdomen. (No class 3/27).

INSTRUCTOR: Art Aguilar
LOCATION: La Verne Community Center

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PILATES MAT CLASSIC
Exercise & movements are performed with a focus on core conditioning: the strengthening and stabilization of the abdomen, spine, and pelvis. This workout is designed to increase strength and flexibility and also improve alignment, balance, coordination, and muscle tone. The Pilates Mat Classic is suitable for any level. *(No class 3/26).*

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JAZZERCISE
Jazzercise is a pulse-pounding, body-shaping fitness program that gets results…fast. We call it a high-intensity dance party that fuses cardio, strength, Pilates, hip hop, yoga and kickboxing and can burn up to 800 calories in one 60-minute class. Register in-person or online at jazzercise.com.

**INSTRUCTOR:** Sherry & Dina
**LOCATION:** Community Center

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TRAIL TREKKER HIKING PROGRAM
The La Verne Trail Trekkers group is hiking and walking clubs open to La Verne residents and neighboring cities. The group is under the Community Services Department and you must agree to the release of liabilities. Membership is free.

**HOW TO JOIN THE CLUB?**
If you are already on Facebook, search "La Verne Trail Trekkers, California" and ask to join the CLOSED GROUP. You must answer a few questions that all local residents know the answers. This is to prevent BOT programs or spammers from all over the world to join. Once you join the group, you will be able to see all the chats, monthly calendar, and pictures from past activities.

**Remember:**
*Monday is always at the Marshall Canyon Trail at 8AM.*
*Friday is always at Puddingstone, in front of Norm’s Cafe at Brackett Field Airport.*
*After each hike Monday, Wednesday and Friday, around 9:30AM, we gather at Sal’s Bagelry on Foothill Blvd. and D Street to socialize.*

Contact Kiam Oey for more information at ktoey@hotmail.com.

Hope to see you on the trail!
The City of La Verne Gymnastics program’s philosophy is to develop a child’s self-esteem, by providing successful experiences in a noncompetitive environment. Our “personal best” non-competitive approach helps every child experience success and produces high self-esteem and social bonds. With over 42 years of gymnastics experience, Charter Oak Gymnastics staff will provide a safe and caring environment in which each child knows they have value. Gymnasts enjoy our Air Track, bars, beams, mini trampoline, incline mats, tumbler, and back handspring machines. Coaches to student ratio are 1:8.

For more information, please visit our website at www.cityoflaverne.org

LOCATION - All classes held at Veterans Hall, 1550 Bonita Avenue

TUMBLE BEARS (Parent and Me Gymnastics)
Children will increase their motor skills, balance, eye-hand coordination, and social skills through basic gymnastics skills. Class includes cartwheels, handstands, bridge, kick-over, pullover, Air Trak, balance beam, and bars. Each group of gymnasts will have a coach to assist them. Due to the young age of this class, it is required that a parent or guardian is available for the entire 45 minute class, in case your child needs to use the restroom, get a drink of water, or needs a hug.

<table>
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KIDDIE GYMNASTICS
In this class students will begin learning skills with more self-confidence and balance while increasing flexibility and coordination. Skills will include working with uneven parallel bars, low and high balance beam, Air Track, handstand holds, cartwheels, forward and backward rolls to stand up, jumping on/off blocks onto safety mats, and much more!

**Code**  
**Ages**  
**Dates**  
**Day**  
**Time**  
**Fee**
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110101.T2 4-5 Jan 14-Mar 3 T 3:00-3:45 p.m. $106
110101.H1 4-5 Jan 16-Mar 5 TH 2:00-2:45 p.m. $106
110101.H2 4-5 Jan 16-Mar 5 TH 3:00-3:45 p.m. $106
110101.T3 4-5 Mar 24-May 12 T 2:00-2:45 p.m. $106
110101.T4 4-5 Mar 24-May 12 T 3:00-3:45 p.m. $106
110101.H3 4-5 Mar 26-May 14 TH 2:00-2:45 p.m. $106
110101.H4 4-5 Mar 26-May 14 TH 3:00-3:45 p.m. $106

BEGINNING GYMNASTICS
In this class students will be introduced to a wide variety of gymnastics and tumbling moves. The session program will include use of balance beam, mini-trampoline, Air Track, bars, and vault. At this level, handstands, bridges, and cartwheels will be taught along with improving the strength, coordination, and flexibility of the student.

**Code**  
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**Time**  
**Fee**
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110101.T6 6-17 Jan 14-Mar 3 T 5:00-5:45 p.m. $106
110101.H5 6-17 Jan 16-Mar 5 TH 4:00-4:45 p.m. $106
110101.H6 6-17 Jan 16-Mar 5 TH 5:00-5:45 p.m. $106
110101.T7 6-17 Mar 24-May 12 T 4:00-4:45 p.m. $106
110101.T8 6-17 Mar 24-May 12 T 5:00-5:45 p.m. $106
110101.H7 6-17 Mar 26-May 14 TH 4:00-4:45 p.m. $106
110101.H8 6-17 Mar 26-May 14 TH 5:00-5:45 p.m. $106

INTERMEDIATE GYMNASTICS
*Class requires passing specific skills and coach’s approval*
This class is designed for students who can independently perform all the skills in Beginning Gymnastics. In this class students will begin to learn more intermediate level gymnastic and tumbling skills. These skills include bridge kick over, limber downs, power hurdle cartwheels, dive roll on vault, chin up pull over and cast toe on dismount on bars, tuck jumps, and leaps on beam.

**Code**  
**Ages**  
**Dates**  
**Day**  
**Time**  
**Fee**
110105.I1 6-17 Jan 14-Mar 3 T 6:00-6:45 p.m. $106
110105.I2 6-17 Mar 24-May 12 T 6:00-6:45 p.m. $106

ADVANCED GYMNASTICS
*Class requires passing specific skills and coach’s approval*
This class is designed for students who can independently perform all the skills in Intermediate Gymnastics. In this class students will begin to learn more advanced gymnastic and tumbling skills. These skills include front and back limbers, power hurdle round off, circle skills on bars, and progressive beam skills.

**Code**  
**Ages**  
**Dates**  
**Day**  
**Time**  
**Fee**
110106.A1 6-17 Jan 16-Mar 5 TH 6:00-6:45 p.m. $106
110106.A2 6-17 Mar 26-May 14 TH 6:00-6:45 p.m. $106
MARTIAL ARTS

JAPANESE KARATE
SENSEI: Anthony Giron
LOCATION: Community Center

BEGINNER
Designed to gain self-confidence and basic self-defense skills. Approximately every 3 months students will be tested. Testing fees range from $10 to $15 and are payable to the Sensei. Uniforms available and range from $25 to $40 payable at the class.

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INTERMEDIATE & ADVANCED
Designed to gain self-confidence and basic self-defense skills. Approximately every 3 months, students will be tested. Testing fees range from $10 to $15 and are payable to the Sensei. Uniforms available and range from $25 to $40 payable at the class. Students moving from Beginner Karate to Intermediate/Advanced, REQUIRES SENSEI APPROVAL.

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SPORTS

BASKETBALL FUNDAMENTALS
Your child will learn the fundamentals of shooting, dribbling, passing, defense, rebounding, proper footwork, and sportsmanship.

INSTRUCTOR: Tom Parada
LOCATION: Lowell Brandt Park • 7201 Stephens Ranch Road

<table>
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ICE SKATING
Learn to skate across the ice forwards and backwards, glide on one foot, stop, turn and more! Skate rentals and free public skating are included the day of class. Please arrive at least 20 minutes early for check-in and dress warmly!

INSTRUCTOR: Center Ice Arena Staff
LOCATION: Center Ice Arena • 201 Plum Ave., Ontario 91761

ICE SKATING FOR TOTS

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ICE SKATING FOR KIDS

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KIDZ LOVE SOCCER
Since 1979, Kidz Love Soccer has been dedicated to teaching children the world’s most popular sport with a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Kidz Love Soccer...’Where the score is always FUN to FUN!’ ALL PARTICIPANTS MUST WEAR SHIN GUARDS (except for Mommy/ Daddy & Me classes). ALL KIDS WILL RECEIVE A SOCCER JERSEY!

INSTRUCTOR: Kidz Love Soccer Staff
LOCATION: Veterans Hall • 1550 Bonita Ave. (Jan-Feb Only)* Las Flores Park • 3175 Bolling Avenue

MOMMY/DADDY & ME SOCCER
Introduce your toddler to the world’s most popular game! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills.

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<tr>
<th>Code</th>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>111615.01</td>
<td>2-3.5</td>
<td>Jan 29-Feb 26</td>
<td>W</td>
<td>5:30-6:00 p.m.</td>
<td>$83*</td>
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<tr>
<td>111615.02</td>
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</tbody>
</table>

TOT SOCCER
Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting.

<table>
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<tr>
<th>Code</th>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
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</thead>
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</tbody>
</table>

PRE SOCCER
Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment.

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<tr>
<th>Code</th>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
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</table>

SOCCER 1: TECHNIQUES & TEAMWORK
Players will learn dribbling, passing, receiving, defense and shooting goals. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually.

<table>
<thead>
<tr>
<th>Code</th>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
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<tr>
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</tbody>
</table>

SOCCER 2: SKILLZ & SCRIMMAGES
Have a great time while developing core soccer skills like dribbling, passing and shooting in a team play format. Each class will include individual skill building and scrimmages to develop teamwork and positional play. All skill levels are welcome!

<table>
<thead>
<tr>
<th>Code</th>
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<th>Dates</th>
<th>Day</th>
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</table>
Tennis with Brenda Click

Classes held at Las Flores Park • 3175 Bolling Ave.

Brenda Click has found her passion in teaching tennis to all ages! She is highly qualified, earning the prestigious USPTA certification in 1992. With 35 years of teaching experience, she has been with us for the past 23 years. Her specialty is instilling a love of the game in her young students and then preparing them for a place on the high school tennis team. Her adult students find her enthusiasm for the game infectious and a healthy way to get their exercise. In case of rain, students should meet at the Community Center, 3660 D Street. There, they will learn the details and differences between singles and doubles. Indoor tennis games will be taught to the youth classes. The advanced teens and adults will concentrate on a variety of strategies. TENNIS SHOES AND RACQUET REQUIRED. No class 1/20; 2/17; 3/23 & 3/25.

YOUTH BEGINNING TENNIS

Children will learn the various grips and strokes necessary for forehand, backhand, and volley. Basic footwork and strokes will be introduced in a fun and relaxed atmosphere.

<table>
<thead>
<tr>
<th>Code</th>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>210501.01</td>
<td>8-12</td>
<td>Jan 6-Mar 9</td>
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<td>210501.02</td>
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<td>Mar 16-May 11</td>
<td>M</td>
<td>5:00-6:00 p.m.</td>
<td>$120</td>
</tr>
</tbody>
</table>

YOUTH INTERMEDIATE LEVELS 2 & 3

Level 2 – Students must have completed at least one beginning course in the La Verne program or have prior knowledge of the forehand, backhand, and volley. All grips and strokes will be reviewed and students will learn how to put the ball into play with the introduction of the basic underhand serve.

Level 3 - This class will continue to prepare those students who are aiming for a place on the high school tennis team. We will work on both singles and doubles strategy and focus on improving the overhead serve. Private lessons are available to those who need more help.

<table>
<thead>
<tr>
<th>Code</th>
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<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>210502.01</td>
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<td>5:00-6:00 p.m.</td>
<td>$120</td>
</tr>
<tr>
<td>210502.02</td>
<td>10+</td>
<td>Mar 4-Apr 29</td>
<td>W</td>
<td>5:00-6:00 p.m.</td>
<td>$120</td>
</tr>
</tbody>
</table>

TEEN ADVANCED LEVEL 4

Class is designed for the serious tennis student who has already completed sessions, including Levels 1, 2 and 3. Coaching on advanced techniques and strategies will be emphasized, to prepare the student for the high school tennis team.

<table>
<thead>
<tr>
<th>Code</th>
<th>Ages</th>
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<th>Day</th>
<th>Time</th>
<th>Fee</th>
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<tr>
<td>210503.01</td>
<td>13+</td>
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<tr>
<td>210503.02</td>
<td>13+</td>
<td>Mar 16-May 11</td>
<td>M</td>
<td>6:00-7:00 p.m.</td>
<td>$120</td>
</tr>
</tbody>
</table>

TEEN-ADULT BEGINNING TENNIS LEVEL 1

Students will be introduced to the basic strokes, grips, court terms, and etiquette in a fun on the court atmosphere. This is for the teen or adult who has never had tennis instruction, or who wants to come back for a refresher course after many years of not playing.

<table>
<thead>
<tr>
<th>Code</th>
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<th>Time</th>
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<tbody>
<tr>
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<td>$120</td>
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TEEN-ADULT INTERMEDIATE LEVELS 2 & 3

Level 2 – Students must have completed at least one beginning course in the La Verne program or have prior knowledge of the forehand, backhand and volley. All grips and strokes will be reviewed and students will learn how to put the ball into play with the introduction of the basic underhand serve.

Level 3 - This class will continue to prepare those students who are aiming for a place on the high school tennis team and we’ll continue to drill on the groundstrokes, volley, and overhead. We will work on both singles and doubles strategy and focus on improving the overhead serve. Private lessons are available to those who need more help.

<table>
<thead>
<tr>
<th>Code</th>
<th>Ages</th>
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<td>$120</td>
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<td>13+</td>
<td>Mar 16-May 11</td>
<td>M</td>
<td>7:00-8:00 p.m.</td>
<td>$120</td>
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ADULT ADVANCED TENNIS LEVEL 4

This class is designed for Teens (15+) and Adults (18+) who are playing competitive tennis at the high school, USTA, and USTA League levels. Major emphasis will be placed on advanced drills, shot placement, and professional level singles and doubles strategy. The class will cover both advanced group drilling and supervised match play.

<table>
<thead>
<tr>
<th>Code</th>
<th>Ages</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
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<tbody>
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<tr>
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<td>$120</td>
</tr>
</tbody>
</table>
ACTIVITY REGISTRATION POLICY INFORMATION

MAIL-IN AND ONLINE REGISTRATION:
Begins 8:00 a.m., Monday, December 9

WALK-IN REGISTRATION:
Begins 8:00 a.m., Monday, December 16

ALL REGISTRATION WILL BE TAKEN ON A FIRST-COME, FIRST-SERVED BASIS. NO EXCEPTIONS! PRE-REGISTRATION IS REQUIRED ON ALL ACTIVITIES.

Online registration may be done by visiting our website at www.cityoflaverne.org. Mail registrations to Community Services Department, 3660 "D" Street, La Verne, CA, 91750. It is the customer's responsibility to confirm registration times and dates. To confirm by mail, PLEASE ENCLOSE A STAMPED, SELF-ADDRESSED ENVELOPE or call the Community Services Office at (909) 596-8700. If a participant appears at the wrong class or does not appear for the class, no transfers will be made and no refunds will be granted.

NO TELEPHONE REGISTRATIONS WILL BE ACCEPTED FOR ANY ACTIVITY – NO EXCEPTIONS!

Fees may be paid by cash, money order, Visa, Mastercard, Discover, or check made payable to the City of La Verne. All fees must be paid at the time of registration. THERE WILL BE A $25 CHARGE ON ALL RETURNED CHECKS. ALL PRICES, POLICIES, AND PROGRAMS ARE SUBJECT TO CHANGE WITHOUT NOTICE. HOLD HARMLESS AGREEMENT Participants must sign a consent form before enrolling in any activity or excursion. For children: Parent or Legal Guardian signature is required. For adults: each participant must sign their own consent form.

All prices, policies, and programs are subject to change without notice.

HOLD HARMLESS AGREEMENT
Participants must sign a consent form before enrolling in any activity or excursion. For children: Parent or Legal Guardian signature is required. For adults: each participant must sign their own consent form.

REFUND POLICY
A $10 administration fee will be charged for all refunds, per participant. No refunds will be issued for activities that are $10 or less. Requests for refunds for excursions must be made no later than the advertised cancellation date. Requests for refunds for classes must be made 24 hours after the first class or, if the class is a 1 day class no less than (3) working dates prior to the class. Refunds will be processed within 2 to 3 weeks in the form of a check. No credit card refunds will be issued. No partial refunds will be given. Full refunds will be given if an activity is canceled by the Community Services Department.

TRANSFER POLICY
Transfer requests must be made within 24 hours of the first class by the registered participant or the parent or guardian of the registered participant if under 18 years of age. If participant transfers to a more expensive activity, participant must pay the additional fee at time of transfer. If the activity is less expensive, a refund will be processed.

PARENT/GUARDIAN LATE POLICY
Children 10 and under will only be released to a parent or guardian. Instructors will retain class participants at the class location until a responsible adult reports for each child. Children should not leave the class location unattended.

If, for any reason, a parent or guardian cannot pick up their child from class between the end of class and 5 minutes thereafter, the parent or guardian will be ASSESSED A $5 PER 5 MINUTES LATE FEE, PAYABLE AT THE COMMUNITY SERVICES OFFICE, 3660 "D" Street, BEFORE THE NEXT CLASS. Continued late pick up can result in the child being dropped from the class.
**REGISTRATION FORM – PLEASE FILL OUT COMPLETELY**

<table>
<thead>
<tr>
<th>PARTICIPANT’S NAME</th>
<th>AGE</th>
<th>SEX</th>
<th>BIRTH DATE</th>
<th>ACTIVITY CODE</th>
<th>NAME OF ACTIVITY</th>
<th>FEE</th>
<th>Hold Harmless signature required for all adult participants listed</th>
</tr>
</thead>
<tbody>
<tr>
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**HOLD HARMLESS AGREEMENT**

In consideration of the applicant’s participation in the above activity(s), I waive and release all claims for damages for death, personal injury, or property damage that may occur as a result of engaging in that activity. This discharges in advance the City of La Verne, its employees and other agents from liability even though that liability may arise out of their negligence. I know that this activity involves a risk of accidents, and I willingly assume the risk. This waiver release and assumption of risk is binding on my heirs and assigns.

Does the above participant(s) have special needs? **YES**  **NO**

If yes, please explain __________________________________________________________

The above participant(s) has the following allergies: __________________________________________________________

The above participant(s) takes the following medications: __________________________________________________________

I/my child agree to conform to the fullest with the instructions of the recreation officials in charge.

I understand that the City of La Verne may take photographs of participants during these activities. I hereby consent to the use of such photographs for any municipal purpose.

**ADULT SIGNATURE** (Mandatory) __________________________________________________________ Date ______________________

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**CREDIT CARD INFORMATION WILL BE DESTROYED AFTER REGISTRATION**

Please circle: Check Cash Visa MasterCard Discover American Express

Credit Card # ______________ Exp Date ______ Card Holder’s Signature ______________

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PARKS

WHEELER AVENUE PARK - Located at 1499 Palomares. Has two lighted adult softball fields and a basketball court. This is an excellent site for weekend tournaments or private league use. There are discount rates for non-profit organizations.

PARK SHELTER RENTALS - All reservations may be made up to one year in advance and MUST BE MADE AT LEAST TWO WEEKS IN ADVANCE. Reservations may be made and permits issued from 8:30 a.m. to 5:00 p.m. Monday through Thursday. Come in and pick up a packet or call (909) 596-8700 for more information.

LAS FLORES AQUATICS CENTER – Located at 3175 Boling Avenue. The facility is great for company picnics, summer church outings, or end-of-year school parties. For more information and reservations, call the Community Services Office at (909) 596-8700. Reservations may be made Monday through Thursday from 8:30 a.m. to 5:00 p.m. Reservations may be made up to one year in advance and MUST BE MADE AT LEAST TWO WEEKS IN ADVANCE.

NOTE: Consumption of alcoholic beverages is prohibited in all City park facilities. Animals (including reptiles, birds, etc.), motor driven vehicles and bounce houses/slides are also prohibited. A park permit must be obtained for the use of electronic equipment, amplified music or amplification systems. Radios must be used so as not to disturb other park users.

BANNER SPACE RENTAL
The City of La Verne has a location where individuals, groups, and organizations may apply to hang a banner. The location is on Bonita Avenue, just west of “D” Street. The banner must be 30’ x 3’ in size, must have ring snaps and hooks every 20 inches across the top and bottom, wind holes, and 30 feet of nylon rope at each corner.

For more information such as fees & availability call (909) 596-8700.

LA VERNE COMMUNITY CENTER - Located at 3680 “D” Street behind the La Verne City Hall. The La Verne Community Center is a 14,000 sq. ft. building with multiple rooms, commercial kitchen, and outdoor patios for classes, meetings, and a main hall that accommodates up to 230 guests for receptions, celebrations or corporate events. Reservations may be made up to one year in advance. Call (909) 596-8700 for more information.

VETERANS HALL - Located at 1550 Bonita Avenue. Veterans Hall has a beautiful main hall with wood floors and rich architecture with access to a full service kitchen. This facility is warm and quaint and can host up to 80 guests for meetings, and smaller celebrations. Reservations may be made up to one year in advance. Call (909) 596-8700 for more information.

Reservations may be made at the Community Services Office, 3660 “D” Street Monday through Thursday from 8:30 a.m. to 5:00 p.m. Reservations may be made up to one year in advance. Appointments must be made to view the La Verne Community Center and Veterans Hall. Please contact the Community Center at (909) 596-8776.
1. **BONITA HIGH/SPORTS PARK**  
   3102 D Street  
   Lighted Baseball Field • Lighted Soccer Field  
   Football Field

2. **CHALLENGER PARK**  
   1909 Wright Avenue  
   Unlighted Basketball Court

3. **COMMUNITY CENTER**  
   3680 D Street  
   Large Rental Room • Small Meeting Rooms

4. **EMERALD PARK**  
   1900 Genesee  
   Picnic Shelter • Tot Lot

5. **GOLDEN HILLS WILDERNESS PARK**  
   2300 Golden Hills Road  
   Nature Trail

6. **GRACE MILLER SCHOOL**  
   1629 Holly Oak

7. **HERITAGE PARK**  
   5001 Via De Mansion  
   Tot Lot • Gazebo • Picnic Tables  
   Historical Facilities

8. **KUNS PARK**  
   1600 Bonita Avenue  
   Picnic Shelter • Picnic Tables • Tot Lot  
   Dogs allowed on a leash

9. **LA VERNE HEIGHTS SCHOOL**  
   1550 Baseline Road

10. **LAS FLORES PARK AQUATIC CENTER**  
    3175 Bolling Avenue  
    Restroom Facilities • Robert Rodriguez Pavillion  
    Picnic Tables • Tot Lot • Unlighted Softball Field  
    Lighted Tennis Court • Volleyball Court  
    Swimming Pool

11. **LA VERNE CITY YARD**  
    2620 First Street

12. **LINCOLN PARK**  
    2525 White Avenue  
    Corner of 6th and White Avenue  
    Picnic Tables • Tot Lot  
    Dogs allowed on a leash

13. **LIVE OAK PARK**  
    5701 Shemiran  
    Tot Lot • Lighted/ Unlighted Tennis Courts

14. **LORDSBURG PARK**  
    1922 Walnut Street  
    Picnic Tables • Tot Lot  
    Unlighted Basketball Court

15. **LOS ENCINOS PARK**  
    1101 West Aldersgate Drive  
    Corner of Aldersgate and Chamber  
    Picnic Tables • Tot Lot • Nature Trail  
    Unlighted Basketball Court

16. **LOWELL BRANDT PARK**  
    7201 Stephens Ranch Road  
    Restroom Facilities • Picnic Shelter  
    Picnic Tables • Tot Lot • Unlighted Softball Field  
    Dogs allowed on a leash

17. **MAINIERO SQUARE**  
    Corner of 3rd and “D” Street

18. **MILLS PARK**  
    5601 Wheeler Avenue  
    Picnic Tables • Tot Lot  
    Dogs allowed on a leash

19. **OAK MESA PARK**  
    5400 Wheeler Avenue  
    Restroom Facilities • Tot Lot  
    Lighted Soccer Field

20. **PELOTA PARK**  
    1505 Holly Oak  
    Lighted Baseball Fields • Restroom Facilities

21. **PRICE-HAYES PARK**  
    Corner of Price and Hayes  
    Tot Lot

22. **PUBLIC SAFETY FACILITY**  
    2061 Third Street

23. **ROYNON SCHOOL**  
    2715 “E” Street

24. **RUSTIC CANYON PARK**  
    7311 Calle Aragon  
    Tot Lot

25. **SKATE PARK*”  
    3102 “D” Street  
    Corner of Durward Way and “D” Street

26. **UNIVERSITY OF LA VERNE**  
    1950 Third Street

27. **VALLEY RANCHO PARK**  
    2909 Arrow Highway  
    Tot Lot

28. **VETERANS HALL**  
    1550 Bonita Avenue  
    Restroom Facilities • Medium Rental Room

29. **WHEELER AVENUE PARK**  
    1499 Palomares Avenue  
    Restroom Facilities • Picnic Tables • Tot Lot  
    Lighted Softball Field • Lighted Basketball Court

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*The park is located on the northwest corner of the Bonita High School complex at 3102 “D” Street and is open from 2:45 p.m. to dusk while school is in session and from 8:00 a.m. to dusk during non-school hours. In order to keep all of our skateboarders safe and healthy, safety gear (helmets, elbow pads and kneepads) are required. If you have any questions, please contact the Community Services Department at (909) 596-8700. **NO BIKES ALLOWED.**
The Veterans of Foreign Wars of the United States is a nonprofit veterans service organization comprised of eligible veterans and military service members from the active, guard and reserve forces.

**Why become a member of the VFW?** For a variety of reasons. Some are more interested in the camaraderie; some like to volunteer for work in the community or with our youth; some for the work we do for veteran’s entitlements and assistance.

**Eligibility:** Any citizen of the United States who: Served honorably as a member of the Armed Forces of the United States in a foreign war, insurrection, or expedition, where service has been recognized by the award of a US campaign medal or badge; service in Korea or its territorial waters for 30 days consecutive/60 days non-consecutive; or who has been entitled to receive Hostile Fire or Imminent Danger Pay.

**Meeting times:**
Join the VFW at Post 12034! We meet every third Friday of the month at 7pm. We hold a potluck with families and friends at 5:30 p.m. before the 7:00 p.m. meeting. We also have the San Bernardino County Vet Center come on the 2nd Tuesday of the month to help veterans and their families with their VA issues to their state veteran’s benefits. **We do not have a bar.**

We cover the San Gabriel Valley cities of La Verne, San Dimas, Claremont, Glendora, and Pomona

**Our location and contact information:**
The Veterans Hall of La Verne • 1550 Bonita Ave La Verne, CA, 91750 (corner of Wheeler Ave. and Bonita Ave.).
**Post phone number:** (626) 263-0146. **Email:** vfwpost12034@yahoo.com
Look for “VFW Post 12034 Band of Brothers” and ask to join our page!

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**COYOTE MANAGEMENT PLAN**
The goal of the La Verne Coyote Management Plan is to discourage the habituation of coyotes in an urban environment by using education, behavior modification, and a robust human/coyote reporting and responding system. The recommended actions in this Plan are designed to increase communities’ knowledge and understanding of how coyotes behave and to make clear how such behavior can be managed or reduced to eliminate human conflicts with coyotes. The ultimate goal of coyote behavior modification is to encourage the natural relocation of coyotes to their native environment.

The overall intent of this framework is to provide guidance for dealing with coyotes in the City of La Verne. This Plan has also been modeled after plans that were successfully utilized by other municipalities in Southern California. The Plan does not supersede federal, state, county, and city regulations and policies.

**PLEASE VISIT OUR WEBSITE AT** [WWW.CITYOFLAVERNE.ORG/COYOTEPLAN](http://WWW.CITYOFLAVERNE.ORG/COYOTEPLAN) **FOR MORE INFORMATION.**
The always popular Cool Cruise Classic Car Show kicks off the spring in Old Town La Verne with classic cars and classic rock music filling the streets. This is always the biggest event every year in Old Town. Car enthusiasts and young and old alike always have a great time at this event. Local live classic rock music is also a regular part of the Cool Cruise. You don't want to miss it! For more information and registration please check out the website at www.CoolCruiseCarShow.com or contact Craig Hoelzel at (714) 671-5833 or La Verne City Hall at (909) 596-8706.

THE LA VERNE ROTARY CLUB & THE LA VERNE COMMUNITY SERVICES DEPARTMENT CO-SPONSOR

Easter Egg Hunt

SATURDAY, APRIL 11
10:00 A.M. SHARP • AGES 1 TO 12 YEARS

LAS FLORES PARK
3175 BOLLING AVENUE

EMERALD PARK
1900 GENESEE CORNER OF GENESEE & CHELSEA

PARTICIPANTS MAY GATHER EGGS, CANDY, AND PRIZES. BRING YOUR OWN BASKET TO COLLECT THE EGGS.